

Lunch Menu

September 2019



Monday	Tuesday	Wednesday	Thursday	Friday
3 No School	4 Sack Lunches	5 Confetti Soup w/ Parmesan Brown Rice Savory Carrots Salad Bar	6 The 5K PB & J Kale Chips Sweet Potato Fries Baked Beans	7 Barbeque Chicken Fresh Bread Oven Fries Carrot-Raisin Salad Chocolate Milk
10 Mac and Trees Garlic Bread Celery w/PB Dip Salad Bar	11 Sloppy Joe on Whole Wheat Bun Baked Beans Roasted Broccoli	12 Chicken Tacos Seasoned Corn Kale Chips Salad Bar	13 Black Bean Patty with Crema Sauce Brown Rice Sweet Potato Fries Savory Carrots Juice	14 Pancakes Turkey Bacon Scrambled Eggs Sweet Potato Fries Salad Bar Chocolate Milk
17 Thai Chili Chicken Fried Rice w/ Vegetables Asian Sesame Cabbage Salad Salad Bar	18 Beef and Bean Nachos Brown Rice Seasoned Corn Salad Bar	19 Kati Kati Baked Chicken w/ Mango Salsa Brown Rice Sautéed Spinach and Tomato Juice	20 Bean Burrito w/ Bell Peppers Chips and Salsa Seasoned Corn	21 Chicken Slider on a Bun Savory Carrots Seasoned Black Beans Chocolate Milk
24 Chicken Caesar Wrap Chips & Salsa Salad Bar	25 Bean Tostada Beef Topping Seasoned Black Beans Brown Rice Salad Bar	26 Corn Chowder Buttermilk Biscuit Brown Rice Kale Chips Salad Bar Chocolate Milk	27 Spanish Quiche Baked Potato Savory Carrots Salad Bar Chocolate Milk	28 No School
House Salad Green Lettuce Red Lettuce Spinach Kale Cucumbers Red Onions Dressing		<div style="border: 1px solid black; padding: 5px; display: inline-block;"> Choice of 1% or nonfat milk offered with each meal. </div>		