This Community Resource Guide was updated as of August 2019 as an effort by the The Advocates for Elders Service Group to connect our community with other Sitka organizations that may not be easily found in the local phone directory.

This is considered a living document and we expect changes will occur. We apologize in advance for any errors.

For updates or edits, please email: twalsh@cfc.org

The Advocates for Elders Service Group would like to acknowledge its members and all others involved with the update of this resource guide.
# Table of Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency</td>
<td>1</td>
</tr>
<tr>
<td>Child Care</td>
<td>2</td>
</tr>
<tr>
<td>Faith-based Organizations</td>
<td>3</td>
</tr>
<tr>
<td>Education</td>
<td>5</td>
</tr>
<tr>
<td>Colleges and Universities</td>
<td>7</td>
</tr>
<tr>
<td>Libraries</td>
<td>8</td>
</tr>
<tr>
<td>Elected Officials</td>
<td>8</td>
</tr>
<tr>
<td>Fraternal and Professional organizations</td>
<td>9</td>
</tr>
<tr>
<td>Handyman/Contractor Services</td>
<td>13</td>
</tr>
<tr>
<td>Health and Human Services</td>
<td>13</td>
</tr>
<tr>
<td>Media</td>
<td>19</td>
</tr>
<tr>
<td>Medical</td>
<td>20</td>
</tr>
<tr>
<td>Occupational Therapy</td>
<td>22</td>
</tr>
<tr>
<td>Parenting</td>
<td>23</td>
</tr>
<tr>
<td>Public &amp; Social Services</td>
<td>24</td>
</tr>
<tr>
<td>Arts</td>
<td>28</td>
</tr>
<tr>
<td>Museums</td>
<td>30</td>
</tr>
<tr>
<td>Outdoor &amp; General Recreation</td>
<td>30</td>
</tr>
<tr>
<td>Senior Services</td>
<td>33</td>
</tr>
<tr>
<td>Transportation</td>
<td>36</td>
</tr>
<tr>
<td>Sitka Healing Arts Network</td>
<td>36</td>
</tr>
<tr>
<td>Sitka Native Associations</td>
<td>38</td>
</tr>
<tr>
<td>Youth Services</td>
<td>40</td>
</tr>
</tbody>
</table>
Emergency Numbers

Fire, Police or Medical Emergency Call 911

Coast Guard 1-800-478-5555
FBI 907-276-4441

Fire Department (Information/Business) Phone: 747-3233 Fax: 747-7450
209 Lake Street

Police Department (Information/Business) Phone: 747-3245 Fax: 747-1075
304 Lake Street www.sitkapd.com

SEARHC - Mt. Edgecumbe Medical Center Phone: 966-2411 Fax: 966-8300
222 Tongass Dr

SEARHC Help Line Phone: 1-877-294-0074
Available 24 hours a day, seven days a week to Residents of Southeast Alaska.

Careline Crisis Intervention 1-877-266-4357

Sitkans Against Family Violence (SAFV) Phone: 747-3370 Fax: 747-3450
(Information/Business)

Crisis Line (24 hour line) 1-800-478-6511 747-6511

STAR (Rape Crisis Line) 1-800-478-8999

National Response Center (Oil & Toxic Chemical Spills) 1-800-424-8802

NOAA Fisheries Enforcement Hotline 1-800-853-1964

Poison Information Center 1-800-222-1222
Child Care

Alaska, State of, Child Care Program Office Phone: 1-888-268-4632, 1-907-465-4756
Southeast Regional Office Email: CCPO@alaska.gov
P.O. Box 11064 Goldstein Building, RM 512-51 Juneau, AK 99811
Hours: Mon.-Fri. 8:00 a.m. - 4:30 p.m.
Provides assistance with child care expenses for eligible families who are working or participating in an education or training program. Also provides a list of licensed home day cares serving children ages 6 weeks to 12 years in the Southeast area.

Child Care Assistance Program administered by Catholic Community Services
415 6th Street, Phone: 1-800-505-6124
Juneau, AK 99801 Fax: 1-888-216-2011
ccsjuneau.org Email: ccap@ccsjuneau.org

Licensed Home Care Providers threadalaska.org
3100 Channel Drive, Suite 215 Toll Free: 1-800-278-3723
Juneau, AK 99801 Phone: 1-907-789-1235

3-5 Preschool 747-6898 Fax: 747-6898
Contact: Joanne Ingman
Mailing: P.O. Box 103
Physical: 110 College Dr., rm. 101, in the Rasmusson Building on the Sitka Fine Arts Campus. Preschool for 3-5 year olds during school year.

Betty Eliason Child Care Center 747-5892 Fax: 747-5422
Contact: Jaimie Rhodes, Director
607 Lincoln Street
Licensed childcare and licensed preschool. Also provides before and after school care,

Mt. Edgecumbe Preschool Phone: 966-2675 Fax: 966-2674
Contact: Lori Whitmill Email: meps@ptialaska.net
129 Seward Street (adjacent to the Pioneer Home) mtedgecumbepreschool.org
Provides education for 3-5 year olds, including an after-school program for kindergarteners

Sheldon Jackson Child Care Center Phone: 747-5437 Fax: 747-5395
Contact: Lolly Miller, Director Email: sjccc@alaska.net
111 John Brady Drive Provides care from infant through pre-school with low student to teacher ratios for a safe and productive learning environment. SJCCC is an independently governed non-profit center.
Child care cont’d…

Tlingit & Haida Head Start
Mailing: P.O. Box 6527
Rasmussen Building on Sitka Fine Arts campus
ccithita.org (under family services)
Program for preschool ages 3-5 years, Tuesday - Friday. Education, health and social services for children and families. Provides breakfast and lunch; transportation available.

Ventures Program-Community Schools
P.O. Box 304
(Baranof Elementary School, Rm 17)
Before and after school program Monday through Friday. Open during in-service, holidays, and summer. Ventures uses a thematic approach integrating reading, science, writing, and math in daily activities.

Faith-based Organizations

Baha’i Faith
P.O. Box 2444
sitkabahai.org
Phone: 623-0802
Email: info@sitkabahai.org

Calvary Chapel Sitka
P.O. Box 1766 (Meets on Sunday at 3pm at United Methodist Church, 303 Kimsham Street)
Contact: Pastor Dug Jensen
Phone: 747-5454
CalvarySitka.org
Email: survival@gci.net

Christian Science Group
Services 11am Sundays
Phone: 747-8508 or 747-8745
Contact: Betty Henning

Church of Christ
1113 Edgecumbe Dr.
Preacher: Joel Warner
Church Phone: 747-5859
Phone: 907-252-2141

Church of Jesus Christ of Latter Day Saints (Mormon), Sitka Ward
105 Shotgun Alley
Broch Bauder
Phone: 747-8991
907-738-9901

Eagle Quest Ministries
215 Smith St Suite A/P.O. Box 2452
eaglequestministries.com
Phone: 747-4903
Ride to services: 752-0787 or 738-7381
email: eaglequest.ministries@yahoo.com

Ecknankar
Religion of the Light & Sound of God
Phone: 907-747-8902
Faith-based organizations cont’d…

**First Baptist Church**  
514 Halibut Point Road  
Contact: Pastor Cliff Day  
Phone: 907-290-0288  
fbcsitka.com

**Grace Lutheran Church, WELS**  
304 Tilson Street  
Phone: 747-6938  
Facebook: Grace Lutheran Sitka WELS

**Grace Harbor**  
1904 Halibut Point Road  
Contact: Paul McArthur or Stewart Pook  
Phone: 747-5706  
sitkagraceharbor.com

**Jehovah’s Witnesses Kingdom Hall**  
519 Monastery Street  
Phone: 747-8742  
jw.org

**Salvation Army**  
405 Sawmill Creek Road  
(M-F soup kitchen, food cupboard & utility assistance)  
Contact: Cap. Mathew & Charleen Morrow  
Phone: 747-3358  
Fax: 747-3458

**Sitka Assembly of God**  
214 Kimsham Street Sunday service 10am  
Contact: Pastor Ryan Gluth  
Phone: 747-5848  
sitkaag.org  
Email: office@sitkaag.org

**Sitka Bible Baptist Church**  
(Meets on Sundays at 10:30am at Yaw Chapel on Sitka Fine Arts Camp Campus)  
Pastor: Dale Hanson  
Phone: 747-6498  
sitkabiblebaptist.org  
Email: cdhanson@worldnet.att.net

**Sitka Christian Center**  
502 Hirst Street, P.O. Box 1715  
Contact: Pastor Al Hass  
Phone: 747-6771

**Sitka Church of the Nazarene**  
305 Lake Street  
Contact: Pastor Chuck Haskins  
Phone: 747-8115

**Sitka Jewish Community**  
Contact: David Voluck  
Phone: 738-1608

**Sitka Lutheran Church, ELCA**  
224 Lincoln Street / P.O. Box 598  
Contact: Pastor Sandra Rudd  
Phone: 747-3338  
sitkalutheranchurch.org

**Sitka Seventh-day Adventist**  
1613 Halibut Point Road  
Phone: 747-8855  
sitkaadventistchurch.org
Faith-based organizations cont’d…

**St. Gregory Catholic Church**  
606 Etolin Street / P.O. Box 495  
Contact: Fr. Dwight Hoeberechts, OMI  
Phone: 747-8371  
Email: mail.stgregory@gmail.com

**St. Michael’s of the Archangel Orthodox Cathedral**  
240 Lincoln Street / P.O. Box 697  
Contact: Father Ishmael Andrews  
Phone: 738-8929  
Gift Shop: 747-8101  
Email: qulicaq99@yahoo.com

**St. Peter’s By the Sea Episcopal Church**  
611 Lincoln Street / P.O. Box 1130  
Contact: Rev. Julie Platson  
Phone: 747-3977  
email: stpetersbytheseak@gmail.com  
stpeters-sitka.org

**Unitarian Universalists Association**  
408 Marine Street (Meets Sunday at 10:30am)  
Phone: 747-3363  
sitkauu.org

**United Methodist Church of Sitka**  
303 Kimsham Street  
Contact: Rev Bennie Grace (Pastor Jo Jo) Nabua  
Phone: 747-8775  
Email: umc@umcsitka.com  
umcsitka.com

**United Pentecostal Church**  
101 Cascade Creek / P.O. Box 35  
Phone: 907-609-0292  
sitkaupc.com  
Email: pentecost239@gmail.com

---

**Education**

**Alaska Marine Safety Education Association (AMSEA)**  
Contact: Jerry Dzugan, Executive Director  
2924 Halibut Point Road  
Phone: 747-3287  
amsea.org  
Email: admin@amsea.org

AMSEA’s mission is to reduce injury and death in the marine and fresh water environment through education and training provided by a network of qualified marine safety instructors.

**Alaska, State of, Public Safety Training Academy**  
Phone: 747-6611  
Fax: 747-5606  
877 Sawmill Creek Road  
[www.dps.alaska.gov](http://www.dps.alaska.gov)  
The Alaska Law Enforcement Training Program offers specialized classes and practical training for a variety of law enforcement careers. Offered by the Department of Public Safety.
Education cont’d…

Hames Center  Phone: 747-5080
121 John Brady Drive  hamescenter.com  Email: hamescenter@gmail.com
The mission of the Hames Center is to promote and support a community approach to personal community wellness through health promotion, indoor activity access, education programming, and service to the community of Sitka. Committed to providing opportunities that expand access to wellness and health through physical, mental, emotional, spiritual, social and environmental wellbeing.

Mt. Edgecumbe High School  Phone: 966-3200 Fax: 966-2442
1330 Seward Avenue  mehs.us
Janelle Vanasse, Superintendent  Bernie Gurule, Principal
Mt. Edgecumbe is a State-run boarding school for Alaskan high school students. Its mission to provide challenging, unique education in a residential setting that values rich cultural diversities and traditions, inspiring Alaskan students to become successful, responsible, global citizens.

SEER School (SouthEast Enrichment Resource Center)  Phone: 747-6224
Contacts: Heidi Raffaele  theseerschool.org  Email: seerschool@gmail.com
303 Kimsham Street/P.O. Box 1031 (basement of Methodist Church on Edgecumbe Drive)
Provide a personalized education for students of all abilities, grades K-8, within a multiage setting. Call for more information.

Sitka Adventist School (Grades 1-8)  Phone: 747-8855
1613 Halibut Point Road  Email: sitkaadventistschool@gmail.com
Contact: Kallie McCutcheon  Phone: 360-250-4733
Looking for something extra in your child’s education? Call or email for information.

Sitka Native Education Program (SNEP)  Phone: 966-1242  Fax: 747-4915
456 Katlian Street (Mail) / 304 Baranof (physical)
Contact: Nancy Douglas, Director  Email: douglasn@sitkaschools.org
SNEP is an organization dedicated to the education of the youth of Sitka providing training in Northwest Coast art.

Sitka School District Office  Phone: 747-8622  Fax: 966-1260
300 Kostrometinoff Street / P.O. Box 179  sitkaschools.org
Dr. Mary Wegner, Superintendent  Email: wegnerm@sitkaschools.org

Baranof Elementary School (K-Grade 1)  Phone: 747-5825  Fax: 747-3049
Jill Lecrone, Principal  Email: lecronej@sitkaschools.org
305 Baranof Street
Education cont’d…

Keet Goshi Heen Elementary School (Grades 2-5)  
Casey Demmert, Principal  
307 Kashevaroff Street  
Phone: 747-8395  Fax: 966-1240  
Email: demmertc@siktaschools.org

Blatchley Middle School (Grades 6-8)  
Ben White, Principal  
601 Halibut Point Road  
Phone: 747-8672  Fax: 966-1460  
Email: whiteb@siktaschools.org

Sitka High School (Grades 9-12)  
Laura Rogers, Principal  
1000 Lake Street  
Phone: 747-3263  Fax: 747-3229  
Email: rogersla@siktaschools.org

Pacific High School (Grades 9-12)  
Mandy Summer, Principal  
509 Lincoln Street (Alternative High School)  
Phone: 747-0525  Fax: 747-7310  
Email: summerm@siktaschools.org

REACH (Home School Support/Respecting Educational Alternatives & Choices in Homeschooling) (Grades K - 12)  
Contact: Colleen Carroll, Coordinator  
Support for parents choosing to home school their children providing misc. workshops, lending library, testing and computer loans. Monthly newsletter mailed to participants.

Colleges and Universities

University of Alaska Southeast Sitka Campus  
Contact: Leslie Gordon, Campus Director  
1332 Seward Avenue  
Phone: 747-7700  Fax: 747-7731  
uas.alaska.edu  
Toll free: 1-800-478-6653

Student Success Center (advising)  
Phone: 747-7717

The University of Alaska Southeast is a regional unit of the University statewide system of higher education. Established on July 1, 1987 with the restructuring of the former University of Alaska Juneau, Ketchikan Community College, and Islands Community College (Sitka), the University of Alaska Southeast serves the residents of Southeast with campuses in Juneau, Ketchikan and Sitka. The Sitka campus (founded as Sitka Community College in 1962) shares in Sitka’s rich cultural heritage. Native Alaskans have lived in this area for 11,000 years, the Russian’s made it their North American capital, and the Americans bought it from Russia in 1867. Mt. Edgecumbe, a dormant volcano, dominates the horizon across Sitka Sound. The Sitka campus awards workforce credentials, occupational endorsements, certificates and associate degrees.
Colleges cont’d…

University of Alaska, Fairbanks-Alaska Sea Grant, Marine Advisory Program
1007 West 3rd Ave., Suite 100, Anchorage, AK 99501
Local contact: Jerry Dzugan
Phone: 907-274-9691 Fax: 907-277-5242
seagrant.uaf.edu
Phone: 747-3287 Fax: 747-3259

A statewide outreach and technical assistance program helping Alaskans wisely use, conserve, and enjoy Alaska’s marine and coastal resources.

University of Alaska Fairbanks-Cooperative Extension Sitka uaf.edu/ces
Jasmine Shaw Phone: 747-9440
1332 Seward Avenue (UAS Sitka Campus) Email: jdshaw2@alaska.edu
Information, workshops on horticulture, pest management, home gardening, forest based enterprises, conflict resolution, youth/4H, rural development, and mineral resources.

Libraries

Sitka Public Library Phone: 747-8708 Fax: 747-8755
Kathryn Hurtley, Director Phone: 747-4021
320 Harbor Drive Email: library@cityofsitka.com
The mission of Sitka Public Library is to provide a collection of informational, cultural, recreational, educational, and local historical resources to meet the evolving needs of its patrons and promote reading as an essential element of an informed citizenry in a democracy.

Elected Officials

Mike Dunleavy
Governor of Alaska Phone: (907) 465-3500 Fax (907) 465-3532
P. O. Box 110001 Email: governor@alaska.gov
Juneau, AK 99811-0001 www.alaska.gov

Kevin Meyer
Lieutenant Governor of Alaska Phone:(907) 465-3520 Fax: (907) 456-5400
P.O. Box 110015 Email: lt.governor@alaska.gov
Juneau, AK 99811-0015

Senator Bert Stedman
State Capitol Building, Room 30 Juneau: (907) 465-3873 Fax: (907) 465-3922
Juneau, AK 99801-1182 Sitka: (907) 747-2952 Fax: (907) 747-5807
senate.legis.state.ak.us/smn.php Ketchikan: (907) 225-8088Fax: (907) 225-0713
Email: Senator.Bert.Stedman@akleg.gov
Toll free: 1-877-463-3873
Elected officials cont’d…

Rep. Jonathan Kreiss-Tomkins
State Capitol Building, Room 411
Juneau, AK 99801-1182
House.legis.state.ak.us
Email: Representative.Jonathan.Kreiss-Tomkins@akleg.gov

Senator Lisa Murkowski
United States Senate
522 Hart Senate Office Building
Washington, D.C. 20510-0202

Senator Dan Sullivan
United States Senate
302 Hart Senate Office Building
Washington. D.C. 20510-0201

U.S. Congressman Don Young
2314 Rayburn House Office Bldg*
Washington. D.C. 20515-0201

Sitka Legislative Information Office
Ken Fate, Legislative Information Officer
201 Katlian Street, Suite 103
Totem Square Inn, Sitka, AK 99835
Email: Sitka.LIO@akleg.gov
During session send your Public Opinion Message on-line:
http://www.legis.state.ak.us/

Fraternal and Professional Organizations

Alaska Longline Fishermen’s Association
Contact: Linda Behnken, Executive Director
Email: alfastaff@gmail.com
Phone: 747-3400  Fax: 747-3462
834 Lincoln Street, #23 / P.O. Box 1229
Located upstairs in the Sitka Sound Science Center building, ALFA represents longline fishermen in conservation and allocation issues at the local, state and federal level.

Alaska Trollers Association
Contact: Amy Daugherty, Executive Director
130 Seward Street, #205, Juneau, AK 99801
Email: ata@gci.net
Phone: 586-9400  Fax: 586-4473
Representing commercial salmon trollers in regulatory and policy arenas and working to ensure wholesome, sustainable seafood for consumers.
Fraternal and professional organizations cont’d…

American Legion Sitka Post 13 and Auxiliary
Contact: Margaret Carlson, Club Manager
Phone: 747-8629 Fax: 747-8926
205 Lincoln Street
Community programs, Special Olympics, and recreational programs.

Delta Kappa Gamma
Contact: Jan Love
Phone: 747-5608
Email: bjmelove@gci.net
Organization to promote women in the educational workforce.

Elks Lodge #1662 (BPOE)
Contact:  Phone: 747-3511 (club)
Fax: 747-6830

(The) Greater Sitka Chamber of Commerce
Phone: 747-8604 Fax: 747-7413
104 Lake St./ P.O. Box 638
Contact: Rachel Roy, Executive Director
Email: sitkachamber.membership@gmail.com sitkachamber.com
This is a voluntary organization of business and community leaders who promote, support, and facilitate commerce and economic growth in the community. Meetings are at 12pm every Wednesday at the Westmark Sitka banquet room.

Island Artists Gallery
An artist’s cooperative islandartsgallery.com
Email: artsitka@gmail.com

The Island Institute
Contact: Linda Behnken
P. O. Box 2420
Phone: 747-3794 Fax: 747-6554
islandinstitutealaska.org
The Island Institute hosts several writers-in-residence throughout the year. Initiates and facilitates town-meeting style discussions on sustainability & other pertinent community issues.

Moose, Loyal Order of the
Contact: Earl Pyrtle, Administrator
Email: lodge1350@mooseunits.org
Provides community service projects, scholarships and assistance.

Mt. Verstovia Masonic Lodge #18
Contact: Master, Edward Phillips
Phone: 747-8526
313 Lake St
Fraternal and professional organizations cont’d…

**Ocean Wave Quilters**
Contact: Jane Seesz, President
Membership of quilt makers who meet September through May on the first Tuesday of every month. Members sponsor quilt workshops throughout the year and an annual quilt show. Donations are made to help fund college scholarships, books to Kettleson Memorial Library, and other community service organizations. The public is invited to attend.

**Sitka Cancer Survivors Society**
Contact: Susan Suarez, President Candi Barger, V. President
A non-profit organization dedicated to education and awareness in coping with the effect of cancer on individuals and family members. The Board and its members are available to individuals and their family members during the difficulties of dealing with this disease. The contribution of benches and the Path of Hope is a gesture of support to the community.

**Sitka Conservation Society**
201 Lincoln St, Ste 4
To protect the natural environment of the Tongass while supporting the development of sustainable communities in Southeast Alaska

**Sitka Economic Development Association (SEDA)**
Phone: 747-2660 Fax: 747-7688
Contact: Garry White, Executive Director
A private, non-profit group dedicated to improving the lives of Sitkans through the development of our economy; help foster a business climate that is receptive and conducive to existing and new business; help promote the creation of family wage jobs; and enhance the quality of life.

**Sitka Emblem Club**
Contact: Judy Blankenship
Women’s organization specializing in community service projects. Membership open to women over 21 and those interested in community service.

**Sitka Historical Society**
Contact: Hal Spackman
330 Harbor Drive
Encouragement of historic preservation, lectures, special research, projects and newsletter.

**Sitka Pioneers’ Home Auxiliary**
Kathryn Snelling, President
120 Katlian Street
Welcomes members who wish to help seek ways to support Pioneer Home residents, staff and programs.
Fraternal and professional organizations cont’d…

Sitka Rotary Club  
Phone: 738-2014  
Email: swbergman@gci.net  
Contact: Jeff Budd, then Shauna Thornton  
P. O. Box 6185  
This organization lists its motto as “Service Above Self” and community service projects include scholarships, direct donations, vocational services (student and professional experiences), international services (youth exchange program), and local fund raising such as Rotary Duck Race every 4th of July. Meets at 12pm every Tuesday at the Westmark Sitka Banquet Room.

Sitka RESULTS  
Phone: 747-0402  
Contact: Michele Friedman  
Email: shantimara@yahoo.com  
Sitka RESULTS volunteers meet monthly addressing their leaders in Congress in order to work towards the mission of RESULTS and its sister organization RESULTS Educational Fund (REF) which aims to revolutionize the way Americans interact with their democracy while helping millions of people move out of poverty. More information at www.results.org

Sitka Shrine Club  
Phone: 747-5686  
Contact: Tom Brown

Sitka Sportsman’s Association  
Phone: 747-83469 Fax: 747-0615  
Contact: Foy Nevers  
R.V. Park, indoor shooting range, Sitka Salmon Derby, skeet and trap shooting.

Sitka Woman’s Club  
Phone: 738-3098  
Contact: Shiela Finkenbinder  
300 Harbor Drive  
A service organization dedicated to supporting the best interests especially as they pertain to women and children in Sitka. Membership open to all women. Scholarships are available.

Society of American Foresters  
Contact: Richard Abt  
Provides information and service to the community by persons in the field of forestry and other natural resource professions.

Southeast Alaska Women in Fisheries  
Phone: 738-0969 / 747-5012  
Email: marytoddandersen@gmail.com  
Contact: Mary Todd Andersen or Denise Klinger  
P.O. Box 2276  
SEAWIF is active in various community projects such as Kid’s Don’t Float (pfld loaners at the docks), Blessing of the Fleet, the Mariner’s Wall, the Fishermen’s flea market, a fisheries cookbook, marine safety programs and provides a support group for women in the fishing industry. All interested women are invited to join.
Fraternal and professional organizations cont’d…

U.S. Coast Guard Spouses’ and Women’s Association (USCGSWA)
P.O. Box 1164
sitkacoastguardspouses.org  Email: contact@sitkacoastguardspouses.org
The USCGSWA supports the morale and well-being of our service personnel’s spouses and their families by engaging in many charitable, community and social activities and acts as a support system within the community.

Women of the Moose  Phone: 747-3344
337 Lincoln Avenue
Non-profit organization assisting the community including offering scholarships to local students

Handyman/Contractor Services

Dumag Services  Phone: 738-5570/738-2626
Contact: Edward Dumag
Usually busy during the day, leave a message or call after 6:00pm.

Browns Refrigeration Resources  Phone: 623-0717
Contact: Christopher Brown
A professionally licensed, bonded and insured contractor in Alaska. We specialize in refrigeration and heat pump systems both installs and repairs.

Health and Human Services

Alaska Care Line  Phone: 1-877-266-HELP (4357)
Counselors with a focus on suicide prevention.

Alaska, State of, Office of Children’s Services (OCS)  Toll Free:1-800-478-8605
Report Child Abuse: 1-800-478-4444  Phone: 747-2802 Fax: 747-5542
208 Lake Street, Suite 2G Alaska Parent Line: 1-800-643-KIDS (5437)
Child protective services, information & referral, foster care licensing,& foster care for children.

Alaska, State of, Div. of Vocational Rehabilitation  Toll Free: 1-800-478-2726
304 Lake Street, Room 101  Phone: 747-4788 Fax: 747-6452
The mission of DVH is to assist individuals with disabilities to obtain and maintain employment while honoring and respecting each individual’s strengths, skills, choices, abilities and culture.

Alaska’s Tobacco Quit Line  Phone: 1-888-784-8669
Available 24-hours a day, 7-days a week, to help people quit tobacco use.
**Health & Human services cont’d…**

**Alcoholics Anonymous**
P. O. Box 2924
Phone: 747-8866
Group of men and women who share their experience, strength, and hope with others so that they may solve their common problem and help others to recover from alcoholism.

**Jeff Arndt**
Other than children under 10, I see all kinds of clients with the full array of issues, including: Grief, Relationships, Depression, Anxiety, Personality Disorders, Sexual issues, Improving lifestyle and wellness, Substance Abuse, and just about anything else. I have additional training and experience in Substance Abuse issues. I accept Premera insurance. Other insurances might be acceptable based on my past experience with them. I do not accept Medicaid. Self pay rates per visit are lower than what I charge insurance.

**Brave Heart Volunteers**
120 Katlian Street
(Adjacent to the Pioneers’ Home in the Manager’s House)
Contact: Maury Hackett, Director
Phone: 747-4600 Fax: 747-8840
braveheartvolunteers.org
Email: maury@braveheartvolunteers.org
Brave Heart Volunteers is a non-profit, community organization begun in 2001 as a response to health care gaps and to provide assistance with chronic illness and end-of-life care. Volunteer home visiting, family caregiver respite, and compassionate care services are provided for frail elders, homebound, isolated, disabled, critically ill, dementia, post-hospitalization and the terminally ill. Companionship, shopping, laundry, and help with light home chores and other daily activities are provided by volunteers. Other program services include volunteer training, orientation, and coordination; comprehensive end-of-life training and education for hospice volunteers; family caregiver information and support groups; grief and bereavement support groups; a library and resource room. Our Tlingit name Yee gu.aa yáx x’wán means be brave and reflects the strong connection we feel with our care receivers as their health changes and they face some of life’s most difficult challenges. Services are offered free of charge.

**Center For Community**
Contact: Bryan O’Callaghan, Executive Director
700 Katlian Street, Suite B
- **Care Coordination** – Helping individuals and their families coordinate supportive and rehabilitative services. Chris Davison, Care Coordinator, email: cdavison@cfc.org or Cindy Thomas, Care Coordinator, email: cthomas@cfc.org
- **Supportive Living Services** – Providing support and instruction for people with developmental and other disabilities to acquire the skills they need to live in their own homes and participate in community life. Jennifer Axmann, email: jaxmann@cfc.org
- **Infant Learning Program** – Early intervention education and developmental enhancement programs for children age birth to three years. Gail Trujillo, ELP Director and TYCW Coordinator, email: gtrujillo@cfc.org
- **Personal Care Services** – Professional in-home care for temporary or long-term personal care needs resulting from age, disability or illness. Tamara Walsh Sitka Regional Manager for Community Services, email: twalsh@cfc.org
Health & Human services cont’d…

- **Respite Care Services** – Providing a needed break for caregivers and families of people with disabilities, Alzheimer’s and other dementia, and frail seniors. Chris Davison, email: cdavison@cfc.org

- **Employment Enhancement Program** – Case management, job training, support services and job placement for people receiving public assistance. Referrals to this program come only from the Division of Public Assistance.

**Easter Group (Sitka Outreach Support: Lifeline Group)**

303 Kimsham St.  Contact: Julia Smith  Email: eastergroupsitka@gmail.com

This is a collaborative community of concerned individuals, organizations, agencies, and faith-based communities in Sitka, Alaska committed to working together to address and support the comprehensive needs of those experiencing poverty and/or homelessness in our community so as to bring about hope. (eastergroup.org)

**Jamie Guinn-Osborne**

jamiguinnosborne.com

Providing individual, couples and family counseling.

Treatment specialization includes:

- Therapy for Depression and Anxiety
- Couples Counseling
- Parenting Support
- Grief Counseling
- Work and Career issues
- Stress Management
- Conflict Resolution

I work with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond. In a comfortable and supportive atmosphere, I offer a highly personalized approach tailored to each of my clients individual needs to help attain the personal growth they're striving for.

**Jeannie Jay, MFT (marital & family therapist)**

514 Lake St., Suite B (under the dental clinic)  email: jeanniejaymft@gmail.com

I have been working as a therapist with youth and families since 2000 and in private practice in Sitka since 2014. I provide counseling services through Sitka Counseling and City & Borough of Sitka EAP and accept a variety of private insurance plans. I offer a free one hour initial consultation to see if we are a good therapy “fit.”

**PFLAG (Parents, Families and Friends of Lesbian and Gays)**

P.O. Box 32245, Juneau, AK 99803  Phone: 907-463-4203

(Juneau) PFLAG promotes the health and well-being of gay, lesbian and bisexual persons, their families, and friends through: support to cope with an adverse society; education to enlighten an ill-informed public; and advocacy to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.
Health & Human services cont’d…

Planned Parenthood of Alaska  
3231 Glacier Hwy.  
Phone: 1-800-769-0045  
Fax: 206-788-8339  
plannedparenthoodalaska.org

Providing low to no cost confidential and professional medical care for teens, women and men. Gynecological examinations, contraceptive care, cancer screenings, sexually transmitted infection screening and treatment, HIV antibody screening, pregnancy testing, counseling, and referrals.

Raven’s Way  
Phone: 966-8716  
Fax: 966-8705  
searhc.org/ravensway

Raven’s Way is a residential treatment program for Alaskan youth. Based in Sitka, our nationally accredited program combines conventional substance abuse treatment, adventure-based therapy, and Native cultural activities. Raven’s Way is accredited by The Joint Commission and licensed by the State of Alaska. All while adhering to the ethical standards of the National Association of Alcohol and Drug Abuse Counselors (NAADAC).

Salvation Army  
Phone: 747-3358  
Fax: 747-3458

Contact: Capt. Matthew and Charleen Morrow  
405 Sawmill Creek Road

Soup kitchen serves Monday-Friday, 11:30-1:30pm. Call for more information regarding emergency food, energy and rental assistance, and youth and women’s activities.

SEARHC Home Health  
814 Halibut Point Rd (upper level)  
Phone: 966-8969  
Email: homehealth@searhc.org

To address the increasing healthcare needs of Southeast Alaska’s elder population, SEARHC developed home-based services for the community of Sitka. SEARHC’s Health Promotion Program recruited qualified, home-health personnel and developed policies and procedures to offer this service. This line of care includes skilled nursing and rehabilitative services.

SEARHC Labor and Delivery Nursing Team  
Phone: 966-8331

Childbirth Education

A free childbirth education class at Mt. Edgecumbe Hospital is available to all pregnant women and their birth partner. The class covers labor and birth, newborn care, breastfeeding, care options, and comfort options. For complete information and to sign up for class please contact: ruthu@searhc.org

Breastfeeding Support Group

A free Breastfeeding Support Group offered the 2nd Thursday of every month 10:00-11:00am. Hosted by Jasmine Esmay, RNC-OB, CLC and SEARHC MEH Labor and Delivery. A scale is available for anyone wishing to weigh their baby. Light refreshments are provided. Please call 907-966-8331 for more information. Or e-mail Jasminee@searhc.org
Health & Human services cont’d...

SEARHC Patient Health Benefits
Phone: 966-8662, 966-8920, 966-8307
The SEARHC Patient Health Benefits Team provides free assistance to anyone that would like to learn more about Medicaid, Medicare, Health Insurance Marketplace, Veteran’s Benefits, Tribally Sponsored Health Insurance Program (TSHIP) and Sliding Discount. We also assist with food stamps, adult public assistance, senior benefits, Medicare savings programs and more.

Sitka Counseling and Prevention Services, Inc.
Phone: 747-3636       Fax: 747-5316
sitkacounseling.org
113 Metlakatla Street
“Promoting Wellness In Our Community” Sitka Counseling offers a variety of outpatient treatment services to assist adults, children, and families with behavioral health issues and substance use disorders. We also provide a variety of services for those persons who are experiencing disabling or long-term mental health problems. The diverse backgrounds, orientation, and specialties of our staff enable us to provide an individual approach to the problems that confront our clients. We offer comprehensive diagnostics and treatment for all members of the family.

Emergency Services: – Crisis intervention services can be accessed 24 hours a day by contacting staff at Sitka Community Hospital who will page the on-call clinician. 747-3241

Child/Youth Program: – This program serves children and youth under the age of 21 who exhibit severe behavioral, emotional, or social disabilities.

Adult and Youth Services:
◆ Prevention — Adult/Youth Alcohol/Drug Information School
  (ADIS/Prime for Life) ADIS is a state approved prevention education component appropriate for individuals assessed as not meeting a substance abuse or dependence diagnosis. The course is designed to increase awareness regarding the effects of alcohol/drug use and to promote responsible behavior. ADIS instructors must be state certified to teach the class and deliver a state-approved curriculum regarding alcohol and drugs. The class consists of 12 hours of education and is typically delivered in three 4-hour sessions during a one week period.

◆ Comprehensive Assessments — Each assessment includes an individualized interview regarding the client’s bio-psycho-social-spiritual history and functioning.

◆ Adult and Adolescent Alcohol/Drug Information School

◆ Adult and Adolescent Outpatient Treatment

◆ Low Intensity Residential Treatment – Mac’s Place/Mary’s Place -Is a men’s and women’s level 3.1 substance treatment program, meaning it meets criteria for a ‘low intensity’ residential program. The program is open to all Alaskan men and women aged 18 and older, who have a primary diagnosis of substance abuse or dependence. Participants must be willing to engage in a substance-free, low intensity treatment program. There are six beds for men and six beds for women.

◆ Continuing Care — Available to all clients who complete their individualized treatment programs and is free of charge.
Health & Human services cont’d…

**Sitka Health Summit**
Contact: Doug Osborne or Holly Marban
Phone: 747-0373  sitkahealthsummit.org  hmarban@searhc.org
This annual event brings together community members to pick a variety of community wellness goals to pursue for the next year. In 2018, the projects were to increase elder care services and housing in Sitka, and to build a safe place for teens (teen center). Past projects include becoming a Walk Friendly Community, becoming a Bicycle Friendly Community, starting the Sitka Farmers Market, launching the Fish To Schools program, building the Choose Respect mural on Blatchley Middle School, supporting the creation of the Hames Athletic and Wellness Center, building the Sitka Community Playground, and more.

**Sitkans Against Family Violence (SAFV)**
Toll free: 1-800-478-6511  Phone: 747-3370  Fax: 747-3450  safv.org
P.O. Box 6136
Offers emergency housing to victims of domestic violence and sexual assault. Provides crisis intervention, children’s services, education, support groups and legal advocacy.

**Sitka WIC Program**
210 Moller Dr.  Phone: 623-0942  Fax: 966-8806
A special supplemental nutrition program for women, infants, and children to help safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

**Sitka White Elephant Shop Inc.**
Contact: Susan Brown  Store: 747-3430
P.O. Box 6571
A non-profit volunteer group dedicated to meeting Sitkan’s needs not met by other agencies. Sitka White Elephant donates to other non-profits and can help with prescription glasses and medical travel.

**Southeast Alaska Independent Living (SAIL)**
Contact: Rick Petersen  Email: sitka@sailinc.org
514 Lake Street, Suite C  Phone: 747-6859  Fax: 747-6783
A consumer directed independent living program providing information and referrals, advocacy services, independent living skills training, recreation, and de-institutionalization information. The program is designed to increase the potential for persons with aging and/or disability issues who live in the community so they can remain active, involved, productive, integrated individuals.
Youth Advocates of Sitka, Inc.  
Phone: 747-3687  Fax 747-3627  
sitkayouth.org  
805 Lincoln Street  
YAS is a non-profit agency providing supportive mental health and behavioral health services that empower at-risk youth to grow into healthy, happy, and productive members of our community. **Our programs include:**  
♦ Hanson House 10-bed residential youth treatment facility for youth ages 10-18.  
♦ Community Mental Health Program providing individual, group and family therapy, case management, as well as supportive individual, group & family skills development. These services may be provided within the school setting or in the community for youth ages 5-18.  
♦ Therapeutic Foster Care serves children and youth ages 5 - 21 years who are in need of a therapeutic placement (i.e. the youth’s needs exceed the capacity of the natural family or the existing foster family) as prescribed by a mental health clinician. The TFC youth is placed with a licensed host family trained, supervised, and supported by agency staff.  
♦ Non-Secure Attendant Shelter Care program providing support for youth who are being detained by local law enforcement.  
♦ Family Resource Center (FRC) provides the main support and training for our Therapeutic Foster Care Program and Drop-In Center. The Drop-In Center focuses on independent living skills, community outreach activities, prevention services, and connecting youth to resources in Sitka. The Drop-In Center works with youth ages 14-21 years.

**Media**

**Capital City Weekly/Juneau Empire**  
Phone: 586-3740  Fax: 586-9097  
Robert Monteith, General Mgr  
Emily Russo Miller, Editor  
3100 Channel Drive  
Juneau, AK 99801

**GCI**  
Phone: 747-3535  Fax: 747-4929  
Email: residentialcustomerservice@GCI.net  
gci.com  
208A Lake Street  
Scanner Channel 1

**KIFW 1230 AM & 103.1 FM**  
Phone: 747-6626  Fax: 747-8455  
sitkaradio.com  
Mike Clasby, Station Manager  
Chuck Geiger, Program Director  
611 Lake Street
Media cont’d…

North Star Television Network
Dan Etulain
520 Lake Street
KSCT Access Channel 11 NBC, KTNL CBS Affiliate

Phone: 747-8200 Fax: 747-8440
Email: danetulain@gmail.com

Raven Radio, KCAW (FM 104.7) (FM 90.1)
Becky Meiers, General Manager
2 Lincoln Street, Suite B

Phone: 747-5877 Fax: 747-5977
kcaw.org
Email: generalmanager@kcaw.org

Sitka Sentinel
Thad and Sandy Poulson, owners
112 Barracks Street
Daily newspaper and Arrowhead Press printing company.

Phone: 747-3219 Fax: 747-8898
Email: news@sitkasentinel.com
sitkasentinel.com

Sitka Soup
Suzanne Portello, Editor
P. O. Box 6353

Phone: 747-7595 Fax: 747-7596
Email: shop@sitkasoup.com
sitkasoup.com

Classified ads, announcements, online, and printed publication – every two weeks

Medical

Mountainside Family Clinic
209 Moller Ave
Mountainside Family Clinic provides primary care for children and adults of all ages. Our medical team diagnoses and treats acute and chronic illnesses and helps you stay healthy.

Phone: 747-1722

Mountainside Urgent Care
814 Halibut Point Rd.
Our Express Care Clinics are open to all community members and is staffed with a full-time medical provider. Patients can expect fast, effective medical treatment for non-emergency health conditions such as cold, flu, upset stomach, ear infections, or seasonal allergies. No appointments are necessary and walk-ins are welcome.

Phone: 966-9777

Oceanside Physical Therapy
805 Halibut Point Rd #6

Phone: 747-1771

SEARHC Home Health
814 Halibut Point Rd (upper level)
To address the increasing healthcare needs of Southeast Alaska’s elder population, SEARHC developed home-based services for the community of Sitka. SEARHC’s Health Promotion Program recruited qualified, home-health personnel and developed policies and procedures to offer this service. This line of care includes skilled nursing and rehabilitative services.

Phone: 966-8969
Email: homehealth@searhc.org
Sitka Long Term Care  
209 Moller Ave  
Phone: 747-3241

Sitka Medical Center  
700 Katlian St.  
Sitka Medical Center offers a wide range of medical services to serve the needs of all Sitkans. Our team of dedicated healthcare professionals are here to help you make the right decisions about your treatment.

Sitka Physical Therapy  
700 Katlian # E  
Phone: 747-4559

Sitka Public Health Center  
Contact: Barb Kendall  
210 Moller Drive  
Public health nurses provide preventive health services including: well child check-ups and immunizations, WIC referrals, post-partum home visits, referrals for funding through Health Care Program for Children with special needs. Communicable disease testing: TB screening, HIV antibody testing, and some STD testing. Adult immunizations including flu, tetanus, pneumonia, family planning services including pregnancy testing, emergency contraception, birth control counseling, free condoms and foam. Information brochures and booklets available on many health services, communicable diseases, parenting and child care. Most of these services are available to Port Alexander through periodic visits by the Public Health Nurse.

Southeast Alaska Regional Health Consortium (SEARHC)  
S'áxt' Hit – Mt. Edgecumbe Medical Center  
222 Tongass Drive  
Emergency: 966-2411  
A 49-bed acute care hospital and associated ambulatory clinics. Hospital staff specialists include family practice, internal medicine, obstetrics/gynecology, otolaryngology, psychiatry, general surgery, radiology, optometry, audiology, pediatrics, and dentistry. Support services located within the hospital include pharmacy, laboratory, imaging, physical therapy, respiratory therapy, nutritional counseling, patient education, and social services. The Outpatient Clinic provides primary care and specialty services both by appointment and on an urgent need basis. Emergency services are provided 24 hours a day, 7 days a week.

− Emergency & Information  
  Phone: 966-2411  
− Administration  
  Phone: 966-8300  
− Audiology/Ear, Nose, & Throat  
  Phone: 966-8366  
− Contract Health Services  
  Phone: 966-8316  
− Dental Clinic  
  Phone: 966-8343  
− Haa Toowóó Náakw Hít,  
  Outpatient Mental Health  
  Phone: 966-8611  
− Health Records  
  Phone: 966-8350  
− Laboratory  
  Phone: 966-8326  
− Mental Health  
  Phone: 966-8611
(SEAHRC)
- Optometry Department: Phone 966-8415
- Outpatient Department: Phone 966-8318
- Pharmacy: Phone 966-8347
- Physical Therapy: Phone 966-8312
- Radiology: Phone 966-8327
- Social Services: Phone 966-8413
- Surgery Clinic: Phone 966-8672
- Wise Women: Phone 966-8819

Southeast Regional Emergency Medical Services Council (SEREMS)
Contact: Bobbi Leichty, Director
Phone: 747-8005       Fax: 747-1406
100 Clothilde Bahovec Way       serems.org       Email: general@serems.org
Resources on obtaining First Aid, CPR, ETT, and EMT training and purchase of books and
First Aid supplies. Holds annual EMS Symposium in March.

Tobacco Quit Program
Contact: Amanda Roberts
Phone: 966-8745
The SEARHC and Sitka Community Hospital Tobacco Quit Program is open to all Sitkans and
SEARHC beneficiaries in SE Alaska who are seeking to quit their tobacco use. Three months
of free nicotine replacement therapy and one year of behavioral support is offered.

United States Coast Guard Air Station Medical and Dental Clinic
611 Airport Road       Phone: 966-5477       Fax : 966-5491
Contacts: Jason Neth, Clinic Administrator
All active duty personnel eligible for medical, dental outpatient services, pharmacy, laboratory,
and physical therapy. Retired service members and dependents eligible for the over the
counter program.

Occupational Therapy

Oceanside Physical Therapy       Phone: 747-1771
805 Halibut Point Rd #6
Oceanside Physical Therapy provides outpatient rehabilitation services which include physical
therapy, occupational therapy and speech therapy. Services are offered in a large ocean-front
facility with a gym and private treatment rooms.

SEAHRC Rehabilitation Services       Phone: 966-2411
Occupational therapy is critical for patients with certain medical conditions to gain or maintain
the ability to perform everyday activities and allows SEARHC patients to develop skills that
allow day-to-day independence.

Sitka Physical Therapy       Phone: 747-4559
700 Katlian # E
Parenting

Alaska, State of, Office of Children’s Services  
Report Child Abuse: 1-800-478-4444  
208 Lake Street, Suite 2G  
Phone: 747-2802 or 1-800-478-8605  
Fax: 747-5542  
Alaska Parent Line: 1-800-643-KIDS (5437)

Child protective services, information and referral, foster care licensing, and foster care for children.

Center for Community

Infant Learning Program  
Gail Trujillo, ELP Program Manager  
Phone: 966-4213  
email: gtrujillo@cfc.org

Early intervention education and developmental enhancement programs for children age birth to three years.

Hames Athletic & Wellness Center  
801 Lincoln Street (just off Jeff Davis Street)  
Phone: 747-8096  
Fax: 747-2654  
hamescenter.org

Tot’s Gym and Parent Power Hour

Sitka Counseling  
113 Metlakatla St.  
Phone: 747-3636  
Fax: 747-2702

Sitka Counseling offers a range of services through their Family Center, including: Individual Counseling, Family Skills Development and an 8 week course called Active Parenting Now.

Sitka School District Early Support Program  
Contact: Jeanine Brooks, Coordinator and Counselor  
305 Baranof Street  
Phone: 966-1321  
Fax: 747-3049

The goal of the early support program is to assist parents, teachers and community agencies with providing education, prevention, and intervention services for “at risk” students in grades K, 1 & 2. There are many circumstances that affect young people and possibly impair efforts to succeed in school. Some of these circumstances are: a child exposed to chronic illness or death of a loved one; a child in crisis due to such family transitions as separation, divorce, and/or relocation; a child who is chronically tardy or truant; a child living in a shelter or other temporary home; and/or a child who is a victim of neglect.

Sitka Tribe of Alaska Social Services  
Contact: Melonie Brood  
456 Katlian Street  
Phone: 747-7221  
Fax: 747-7643

Offers family outreach and Indian Child Welfare Program, financial assistance for low-income families.

Youth Advocates of Sitka  
805 Lincoln St.  
Phone: 747-3687  
Fax: 747-3627

Parenting with Love and Limits (PLL) is a highly recognized evidence-based treatment model, known for its classification as Best Practice. Treatment focuses on decreasing conflicts within the family structure.
Public and Social Services

Alaska Immigration Justice Project (AIJP)  Phone: 789-1326 Fax: 789-1324
9085 Glacier Highway, Suite 204, Juneau  akijp.org
The Alaska Immigration Justice Project is a non-profit agency that provides low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for immigration victims of domestic violence, sexual assault, and human trafficking.

Alaska Lawyer Referral Service  Toll Free: 1-800-770-9999
alaskabar.org (under public services)  Phone: 272-7469 Fax: 272-2932
840 K Street, Suite 100 Anchorage 99501
This is a referral service only and may give you an opportunity to find a lawyer that will help in a specific area, or one that can help a person who is experiencing language or cultural barriers.

Alaska Legal Services Corporation  Toll Free: 1-800-789-6426
8800 Glacier Highway, Suite 228, Juneau, AK 99801  phone: 586-6425  fax: 586-2449
alsc-law.org  Email: juneau@alsc-law.org
ALSC is a federally funded, statewide organization that provides free legal services to those 60 and older, and others that meet financial eligibility.

Alaska Network on Domestic Violence & Sexual Assault  Toll Free: 1-888-520-2666
Phone: 586-3650 Fax: 463-4493
130 Seward Street, Suite 214, Juneau, AK 99801  website: andvsa.org
ANDVSA is committed to eliminating violence against women. It is a non-profit membership corporation made up of 18 statewide programs that provide services to victims of domestic violence and sexual assault, offender services, and adult crisis intervention services.

Alaska Raptor Rehabilitation Center  Phone: 747-8662 Fax: 747-8397
P.O. Box 2984  Toll Free: 1-800-643-9425
1000 Raptor Way  alaskaraptor.org
Jennifer Cross, Executive Director  Email: jennifer.cross@alaskaraptor.org
A volunteer operated, non-profit organization dedicated to the preservation of wild animals and birds (bald eagles being the predominant species) through emergency medical treatment, research, rehabilitative care, and public education.
Public and social services cont’d…

Alaska, State of, Department of Labor & Workforce Development
Hot Line: 747-7989
304 Lake Street, Suite 101
The Sitka Job Center assists persons seeking employment with local as well as statewide employers through the Alaska Job Center Network. Access to the Unemployment Unit via telephone, internet, in addition to assistance in opening an ALEXsys (Alaska Labor Exchange System) account and resume preparation for UI benefit eligibility. Free use of computers, telephone, fax and copier for purposes of seeking employment or dealing with employment related issues. Free resources for employers to include posting of job vacancies as well as specialized employer services such as Fidelity Bonding, Work Opportunity Tax Credits and Rapid Response Team Services and Employer Apprenticeship certifications.

Career Guide services to the local Sitka school district and area employers to include surrounding communities of Kake, Hoonah, Angoon, Port Alexander, Haines and Skagway. Can also initiate claims for Wage & Hour disputes and discrimination complaints. May provide training money for federal or state administered training funds. Resume prep as well as interviews skills workshops available.

Alaska, State of, Division of Juvenile Justice
Sitka Probation Services
Contact: Jeanette Hit, Juvenile Probation Officer
210 Moller Ave #A
The Division of Juvenile Justice is the primary responder to juvenile delinquency referrals from state and local law enforcement which includes determining an appropriate course of action, which may include formal court prosecution, referrals for counseling, community work service, residential treatment and other diversion type programs. DJJ is also responsible for the provision of active probation supervision of juveniles as ordered by the Superior Court which includes monitoring juvenile offenders to ensure their adherence to court orders, including payment of restitution and performance of community work service. Southeast Juvenile Probation offices have placed a considerable effort on developing programs consistent with the principles of Balanced and Restorative Justice. Community efforts in Ketchikan, Sitka and Juneau have resulted in the development of Youth Court programs.

Alaska, State of, Division of Probation & Parole
Contact: Jonathan Simmelink
304 Lake Street, Room 210
The Sitka Probation Office is responsible for probation and parole supervision of offenders in Sitka, Petersburg, Wrangell, as well as Prince of Wales Island. Referrals are received through the court system and the parole board.
Public and social services cont’d…

Alaska, State of, Division of Public Assistance
201 Katlian Street, Suite 107
Provides programs such as Food Stamps; Alaska Temporary Assistance Program for families with children; Adult Public Assistance (aid to the elderly, blind and disabled); Medicaid; Denali KidCare; Emergency Assistance; General Relief Assistance; and CAMA (Chronic and Acute Medical Assistance). 8:00am-4:30pm

Alaska, State of, Div. of Vocational Rehabilitation
304 Lake Street, Room 101
The mission of DVH is to assist individuals with disabilities to obtain and maintain employment while honoring and respecting each individual’s strengths, skills, choices, abilities and culture.

Alaska, State of, Office of Children’s Services (OCS)
Report Child Abuse: 1-800-478-4444
208 Lake Street, Suite 2G
Child protective services, information & referral, foster care licensing, & foster care for children.

Chamber of Commerce, Greater Sitka
*SEE PAGE 10
City and Borough of Sitka
100 Lincoln Street
Phone: 747-3294
cityofsitka.com

Sitka Conservation Society
*SEE PAGE 10

Sitka Convention and Visitors Bureau
Contact: Sandy Lorrigan, Executive Director
104 Lake St.
Provides travel planning and convention information/services as well as information about members’ local services for tourists.

Sitka Economic Development Assoc. (SEDA)
Contact: Garry White, Executive Director
329 Harbor Drive, Suite 212
The goal of SEDA is to strengthen Sitka’s economy by supporting existing businesses, attracting and nurturing appropriate new business, and ensuring continued economic diversification by fostering a business climate that is receptive and conducive to existing and new business; help promote the creation of family wage jobs; and enhance the quality of life for Sitkans.

Sitka Global Warming Group/Sustainable Sitka
Contact: Michelle Putz
131 Shelikof Way
SGWG’s mission is to help Sitkans reduce their carbon footprint and prepare for the effects of a changing climate through education and community action.
Public and social services cont’d…

Sitka Legislative Information Office
Ken Fate, Sitka Legislative Information Officer
201 Katlian Street, Suite 200A (second floor)
Information on State and federal legislation and programs, public teleconferences, free message service to State legislators during session (POMS or fax), voter registrar, on-line PFD service, and connection to other State, federal government or public offices.

Sitka Local Foods Network
Charles Bingham, board president
408 D Marine St.
email: sitkalocalfoodsnetwork@gmail.com
sitkalocalfoodsnetwork.org
The Sitka Local Foods Network is a non-profit group dedicated to promoting the growing, harvesting and eating of local foods in Sitka. Focus areas include: operation of the Sitka Farmers Market; expansion of local community and family gardens; planning a community greenhouse and education center; providing educational opportunities; and promoting the use of subsistence foods.

Sitka Police Department
304 Lake Street, Room 102
Contact: Police Chief Robert Baty
Non-Emergency Dispatch: 747-3349
Crime Line: 747-8980
Emergency: Dial 911
Phone: 747-3245 Fax: 747-1075
sitkapd.com
Animal Shelter: 747-3567

Sitka Tribe of Alaska Social Services
456 Katlian St.
♦ General Assistance
General Assistance program is a source of monthly financial assistance to Alaska Natives/American Indians working toward self-sufficiency. Funding is provided to cover basic needs – groceries, shelter cost, heating oil and utilities.

♦ Community Service Block Grant (CSBG)
Community Services Block Grant provides a one-time emergency relief source during a calendar year to low-income Tribal Citizens who have experienced some difficulties meeting their basic needs.

♦ Child Care and Development Fund (CCDF)
Child Care & Development Fund provides low-income Alaska Native/American Indian families with childcare assistance. CCDF payments are made once a month to a childcare service provider.

♦ Burial Assistance
The Burial Assistance Program is an income based program that provides financial assistance to Indigent Alaska Native and American Indians.
The Sitka Homeless Coalition [SHC]  Phone: 747-7978
The Sitka Homeless Coalition [SHC] is a group of compassionate Sitkans who desire to give unsheltered people the option to sleep under cover during the wet and wintry months of October to mid-April. First formed in summer 2017, the group continues to search for a location from which to serve and, meanwhile, sponsors showers and laundry options at the Laundromat on HPR, as well as meeting the unsheltered wherever they are to assist with securing identification cards, cell phone, family contact, referral for clothing and one meal daily, job information and in-patient hospital support. At the time of publication SHC does not have resources to rent hotel or hostel accommodations.

Tlingit & Haida’s Tribal Temporary Assistance to Needy Families (TTANF)
Employment & Training Division  Toll free: 1-866-747-3790
201 Katlian Street, Suite 200B  Phone 747-3991  Fax: 747-3993
(second floor of Totem Square Inn)  ccthita.org
Contact: Barbara Borgen  Email: bborgen@ccthita.org
Contact: George Jackson  Email: GJackson@ccthita.org
Administers the Tribal Temporary Assistance to Needy Families (TTANF) Program for recipients of the Tlingit & Haida’s Temporary Cash Assistance Program with the goal of assisting families in becoming more self-sufficient.

Arts

Alaska State Council on the Arts  Phone: 1-888-278-7424
161 Klevin Street, Suite 102, Anchorage
*The Alaska State Council on the Arts, a public corporation, will close our doors July 15, 2019 after 53 years of service to the people of Alaska.*
See their web site for additional info - arts.alaska.gov

Greater Sitka Arts Council  Phone: 747-2787  sitkaartscounsel.org
Contact: Jeff Budd, Director  P.O. Box 564
Vision --art is vital to a healthy vibrant community. Mission--to increase awareness of the value of arts in Sitka through education, advocacy and programming. Major projects--Sitka Arti Gras Music & Arts Festival, Sitka Wearable Art Show, Community Theater programs, Sitka Artisan Market, Sitka "State" Fair, Annual Family Craft Fair, Community Calendar event, providing art scholarships to students, and much more.

Island Artists Gallery  SEE PAGE 10

Sheet’ ka Kwa’an Naa Kahidi Community House  Phone: 747-7290  Fax: 747-3770  sitkatribe.org
Contact: Tonia
200 Katlian Street
Native performances and gift shop featuring native art. Building available for rent for performances and other special events.
Sitka Cirque  
Contact: Frances Donohoe, Director  
207 Smith St.  
“The crossroads of creativity, athleticism and performance. We have classes for kids age 3 and up as well as a thriving adult program. We have over two dozen adult students and I believe more than 50 youth students. We climb, flip, spin and fall in fun and creative ways on a variety of aerial equipment. It requires a lot of strength building for many of our students to get started but with Frances Donohoe’s incredible knowledge of the body and teaching ability our students find themselves passing their limits very quickly.”

Sitka Fine Arts Camp  
Contact: Roger Schmidt, Director  
P.O. Box 3086  
This annual camp offers intense, high-quality professional instruction in music, dance, theater, visual arts, creative writing, computer and video production, and native arts with a rich and varied art opportunity outside the traditional classroom setting.

Sitka Studio of Dance  
Contact: Melinda McAdams, Owner/Instructor  
1310 Sawmill Creek Road / P.O. Box 6325  
Teaching dance (ballet, jazz, modern, tap, creative movement) to Sitkans age 3 through adults.

Sitka Summer Music Festival  
PO Box 3333  
Sitka, Alaska 99835  
This acclaimed chamber music festival is held the first three weeks of June each year featuring world class musicians. Performances are held on Fridays and Tuesdays. Special events include a family concert, crab feed, cruise and boat party.

Sitka Ukulele 100  
https://www.facebook.com/TheSitkaHundred/  
Find Sitka ukulele 100 on Facebook for the latest information on free beginner ukulele classes - learn to play familiar songs old and new in a friendly, relaxed atmosphere. Bring your own uke! (Sometimes there’s a loaner you can use to try it out.)
Museums

Sheldon Jackson Museum
104 College Drive
Phone: 747-8981 Fax: 747-3004
www.museums.state.ak.us/sheldon_jackson/sjhome.html
An Alaska State Museum specializing in Alaska Native artifacts is the State’s oldest museum. Major cultures represented include Aleut, Yup’ik, Inupiat, Athabaskan, Tlingit, Haida and Tsimpshian. Programs, lectures, video film series, children’s activities, and special traveling exhibits offered during the year. Summer hours (May 15 - September 15) open daily from 9 am - 5 pm. Closed on holidays. Winter hours 10 am - 4 pm Tuesday through Saturday.

Sitka Historical Museum
Contact: Hal Spackman
330 Harbor Drive
Email: sitkahis@ptialaska.net
Local history museum presents and conserves historic artifacts, documents, and photos. Contact the museum for volunteer opportunities.

Outdoor and General Recreation

Alaska State Parks
Contact: James Bunting
3803 Halibut Point Road
Manages three parks on the Sitka road system and three State Parks in the Sitka area. Volunteer opportunities include assistance with maintenance, cleanup, and facility repairs.

Baranof Ballers
Contact: Tatiana Perkins
Baranofballers.org
Youth basketball program here in Sitka for Kids PreK-8th Grade.

Baranof Barracuda Swim Club
Contact: Kevin Knox, Head Coach
BBSC.sitka@gmail.com
Sitka's premiere swim team. BBSC offers high quality, professional coaching and technique instruction for all ages and abilities. BBSC is a registered member of USA Swimming. The goal of our swim team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to international competitor. We will achieve this by teaching swimmers to set goals, respect each other, and work hard. They will do all this while forging an unbreakable team bond. We are a competitive team and we want these athletes to enjoy a safe, healthy, and fun activity...swimming. BBSC offers programs for ages 5 and up with our age group swimming, and masters swimming programs.

Blatchley Pool
Contact: Rick Jarvill
Pool info: 747-5677
Outdoor and general recreation cont’d…

Community Schools
Contact: Dawn Johnson
Phone: 747-5080
rec@hamescenter.org

Hames Athletic & Wellness Center
Phone: 747-5080
121 John Brady Drive (located on the Sitka Fine Arts Campus)
Hames Center is Sitka's non-profit community wellness and recreation center that includes a
full basketball court, 2 racquetball courts, full cardio and weight rooms, 2 classrooms, infrared
saunas and more. Hames Center is open 80 hours/week and offers a variety of fitness classes,
educational programs and family events. Daily, Weekly, Monthly and Annual rates available
with discounted rates for youth and seniors.

Kenwa Kai Karate of Sitka
Contact: Sensei Laurinda Marcello
Phone 738-2887
sitkakarate.org
P.O. Box 654
e-mail: sensei@sitkakarate.org
Kenwa Karate of Sitka’s mission is to provide high-quality karate instruction to youth and adults
in Sitka. We teach a traditional Japanese karate style called Shito-ryu. We are dedicated to
helping each student achieve their personal goals in karate and beyond. Kenwa Karate of
Sitka offers a variety of classes throughout the year for those ages four years old & up. New
students are always welcome.

National Park Service - Sitka National Historical Park
Contact: Mary Miller Superintendent
Phone: 747-0110 Fax: 747-5938
103 Monastery Street
Email: SITK-interpreta­tion@nps.gov
Offers exhibits and audiovisual programs at the Visitor Center, tours of Russian Bishop’s
House, recreational opportunities such as trails and picnic areas, and Southeast Alaska Indian
Cultural Center where visitors may view artists actively working on their projects.

Outdoor Recreation and Community Access (ORCA)
Rick Petersen
514 Lake Street, Suite C
Phone: 747-6859 Fax: 747-6783
The recreation program of SAIL (see page 16) providing recreational activities for people with
disabilities. However, all abilities are welcome. Call for details.

Sitka Cycling Club
Contact: Doug Osborne or Charles Bingham
sitkacycling.wordpress.com
A group promoting safe and healthy cycling opportunities in Sitka, Alaska’s first recognized
Bicycle Friendly Community, a program run by the League of American Bicyclists

Sitka Fastpitch Softball Club
Phone: 738-8018
sitkafastpitchsoftball.org
1417 Davidoff St.
Sitka Fastpitch Softball Club offers softball opportunities to girls in the Sitka area ages 6-18
years old. Opportunities included off season practices, clinics, travel and competitive play. We
work closely with Sitka Little League to build a strong multi organization softball program for
our girls. Please visit our website for more information.
Outdoor and general recreation cont’d…

**Sitka Grind Fitness**  
Contact: Jarred Rivera, Owner  
207 Smith St.  
Strength and conditioning classes for kids and adults.

**Sitka Gymnastics**  
Contact: Trisha Bessert  
207 Smith St.  
Sitka's recreational and competitive gymnastics program. Home of Southeast Alaska's only Foam Pit and a 40 foot trampoline! We host classes for those 18 months - Adult, as well as Birthday Parties and Open Gyms.

**Sitka Outdoor Recreation Coalition (Get Out, Sitka!)**  
Contact: Charles Bingham  
Phone: 623-7660  
Getoutsitka.wordpress.com  
A former Sitka Health Summit project that promotes outdoor recreation opportunities in Sitka, especially for families and kids.

**Sitka Softball Association**  
Contact: Ashley Haskins, Kelly Boddy  
Phone: 738-2278  
Fax: 747-4717

**Sitka Sockeyes Rugby Club**  
Contact: Chris Turner  
Phone: 623-8018  
We are open to all levels and no experience is necessary to come, although players should be 18 and older. We play both contact and touch rugby and participate in tournaments around the State.

**Sitka Sound Slayers**  
Contact: Lynne Brandon, Executive Director  
Phone: 738-4868  
sitkatrailworks.org  
Hotwheelz118@gmail.com  
It's a sport... women’s flat track Roller Derby we have referees and non-skating officials... open to anyone who wants to have fun! Great group of people that like to work hard together, and have fun together.

**Sitka Trail Works, Inc.**  
Contact: Lynne Brandon, Executive Director  
Phone: 747-7244  
Sitkatrailworks.org  
801 Halibut Point Road  
Originally formed to employ displaced timber workers. Today the mission statement aims to contribute to the overall health of the community through the development, maintenance, and promotion of a comprehensive trail system in the Sitka area.
Outdoor and general recreation cont’d…

**USDA Forest Service - Tongass National Forest**

Sitka Ranger District, 2108 Halibut Point Rd
fs.fed.us

The Sitka Ranger District (an administrative sub-unit of the Tongass National Forest, Chatham area) provides information on management of natural resources located on District lands, which include Baranof and Kruzof Islands, as well as the southern and western portions of Chichagof Island. The District provides Smokey Bear or Woodsy Owl visits and materials, Natural Resource Education, assistance to schools and organizations, information on educational use of National Forest land administered by the District (i.e. Starrigavan and Sawmill Creek Campgrounds, Harbor Mountain Recreation Area, numerous cabins and trails), and other National Forest related information.

**Walk Sitka**

Contact: Charles Bingham
walksitka.wordpress.com

A program to promote safe and healthy walking in Sitka, which was Alaska’s first official Walk Friendly Communities designee by the Pedestrian and Bicycling Information Center.

---

**Senior Services**

**Adult Protective Services:** 1-800-478-9996. Report harm or neglect of vulnerable adults.

**Alaska Legal Services Corporation**

8800 Glacier Highway, Suite 228
Juneau, AK 99801
Email: juneau@alsc-law.org
alsc-law.org

Provides legal services to socially and economically needy and to those 60 and older and others who meet financial eligibility.

**Tama Beven, LMT**

Phone: 738-0400
Offering geriatric massage and End of Life Doula services.

**Brave Heart Volunteers**

Contact: Maury Hackett, Director
Email: maury@braveheartvolunteers.org
braveheartvolunteers.org

Brave Heart Volunteers Yee gu.aa yáq x’wán (be of brave heart), provides compassionate care, companionship, respite and education to those facing illness, isolation, end of life and grief. Program services include volunteer training, orientation, and coordination; family caregiver information and grief support groups; a library and resource room. All services are provided free of charge.
Senior services cont’d…

CAREGIVER RESOURCES: Southeast Senior Services Senior Caregiver & Resource Center (Juneau Office) 907-463-6177. Senior Caregiver Support Advocate & Information also available at the Swan Lake Senior Center: 907-747-8617.

Center For Community
Contact: Bryan O’Callaghan, Executive Director
700 Katlian Street, Suite B
♦ Care Coordination – Helping individuals and their families coordinate supportive and rehabilitative services. Chris Davison, Care Coordinator, email: cdavison@cfc.org or Cindy Thomas, Care Coordinator, email: cthomas@cfc.org
♦ Personal Care Services – Professional in-home care for temporary or long-term personal care needs resulting from age, disability or illness. Tamara Walsh Sitka Regional Manager for Community Services, email: twalsh@cfc.org
♦ Respite Care Services – Providing a needed break for caregivers and families of people with disabilities, Alzheimer’s and other dementia, and frail seniors. Chris Davison, email: cdavison@cfc.org

Harry Race Durable Medical Equipment Services
Contact: Tammy Thom, DME Specialist
Email: tammythom@whitesalaska.com
117 Granite Creek Rd., Sitka, AK99835
Services available include: mobility equipment, hospital beds and accessories, bath safety equipment, vascular support, orthopedic support, personal care items, and diabetic supplies. Many items available to be billed through Medicare, Medicaid, or Private Insurance with proper documentation.

Mature Alaskans Seeking Skills Training (MASST)
www.serrc.org/educational-services/masst/
Email: info@serrc.org
This program is designed to assist seniors with developing marketing skills with the opportunity to earn extra income while receiving part-time job site or educational training.

Older Persons Action Group, Inc. (OPAG)
3340 Arctic Blvd., #106, Anchorage, AK 99503
Contact: James Bailey, Executive Director
Email: execdiropag@gci.net or seniorvoice@gci.net
Advocacy for older Alaskans. Publishes Senior Voice, a statewide newspaper for seniors and their families and caregivers, with online version at www.seniorvoicealaska.com. Also publishes the statewide Directory for Older Alaskans.
Senior services cont’d…

Southeast Alaska Independent Living (SAIL)  Phone: 747-6859 Fax: 747-6783
Contact: Rick Petersen  Email: sitka@sailinc.org
514 Lake Street, Suite C
A consumer directed independent living program providing information and referrals, advocacy services, independent living skills training, recreation, and de-institutionalization information. The program is designed to increase the potential for persons with aging and/or disability issues who live in the community so they can remain active, involved, productive, integrated individuals.

Swan Lake Senior Center  Phone: 907-747-8617; Fax: 907-747-6878
Contact: Sandi Koval
402 Lake Street
Senior Nutrition & Transportation Programs:

- **Senior lunches**: (age 60 & older) served Monday through Friday at 11:30 am; suggested free-will donation for senior lunch is $5.00. Guests of seniors are welcome; there is a $15.00 charge per meal for non-seniors. Homebound seniors call for information about delivery.

- **Afternoon activities** include exercise classes & other group activities; call for details. The Senior Center building is open from 9 am to 3:30 pm Monday through Friday.

- **Transportation**: Senior & Paratransit Care-A-Van is a pre-scheduled door-to-door service for seniors age 60 and above; and for folks of all ages who have a disability, which prevents them from using the regular bus fixed-route system. Scheduled vans are wheelchair accessible. Call 907-747-8617 for more information about paratransit eligibility & application process.

- **Senior & Paratransit Care-A-Van Hours**: Monday through Friday from 6:30 am to 7:30 pm. Riders are encouraged to call at least one day in advance; and can call up to 7-days ahead to pre-schedule rides. Flexibility with times will also offer riders their best opportunities for successful scheduling.

- **Ride scheduling, donations, & fares**: Care-A-Van Dispatch office is open from 8 am – 4:30 pm Monday through Friday; call 907-747-8617 to pre-schedule rides. Free-will donations ($2 per trip) are accepted from seniors and much appreciated to help support services. **Paratransit Riders** (under 60 years old) must pay $2.00 per one-way trip; Care-A-Van Drivers do not handle cash so exact change is necessary.

- **Saturday & Sunday** Care-A-Van Senior Rides available from 8:45 am to 2 pm. These rides should be pre-scheduled before 4:30 pm on Fridays. If something comes up after regular dispatch hours the Care-A-Van weekend & evening cell phone: 907-738-1333.

Sitka Long-Term Care  Phone: 747-3241
209 Moller Ave
For those who need more care than can be delivered at home, Sitka Long-Term Care offers professional, skilled nursing services in a protected home-like environment.
Senior services cont’d…

Sitka Pioneers’ Home
120 Katlian Street
The Sitka Pioneer Home is an Eden Alternative® Registered Home. The home is committed to providing compassionate care to residents, staff, family and community in a home that nurtures the human body, mind and spirit while preserving dignity and individuality.

State Care Line 1-877-266-HELP

Transportation

Swan Lake Senior Center Van (Paratransit & Senior rides) Phone: 747-8617
Contact: Sandi Koval
The Senior Center van service provides transportation for persons with disabilities and seniors including transportation to and from the Center. Suggested senior donation is $2.00 each way; paratransit non-senior rides must pay $2.00 each way. Pre-Scheduled paratransit rides are available Monday through Friday from 6:30 am-7:30 pm; senior rides available on weekends between 8:45 am to 2:00pm. Please call and make a reservation in advance as van availability cannot be guaranteed at the last minute. After hours call 738-1113.

No Smoking Taxi Services:
Baranof Taxi and Tours: 738-4722
Hank’s Cab Phone: 747-8888
Nina’s Taxi & Courier Service Phone: 738-1931
(M-F, 4:30am-3pm) (weekends 4:30am-noon)

More Taxi & Tours Phone: 738-3210
Sitka Cabs Phone: 747-5001
Sitka Tours (Ferry Transport) Phone: 747-8443
Sunset Cab Phone: 623-0979
Toad’s Taxi Llc Phone: 738-9795

the RIDE Public Bus System Phone: 747-7103
456 Katlian Street ridesitka.com
Punch cards and monthly bus passes may be purchased on the bus, Seamart, Old Harbor Books, and 456 Katlian Street. the RIDE operates Monday through Friday, from 6:30am to 7:30pm.
Sitka Healing Arts Network

Acupuncture and Oriental Medicine
Joyce Ellen Krohn
264 Katlian Street / P.O. Box 6403
The Acupuncture and Oriental Medicine Clinic uses the medical principles of the healing arts of traditional Chinese and Japanese medicine to provide energetic balancing. Such treatment is useful for many medical conditions as well as to promote and maintain good health and prevent disease. Imbalances revealed by oriental assessment are treated by a variety of therapies.

Alternative-Complementary Healing
Aleeta Bauder CHT
Email: A.L.BAUDER@ATT.NET
Certified Vibrational Health Practitioner, specializing in Psychoenergetic Heart-centered Therapy, Chakra Balancing and Quantum Field Clearning, using energy based transformation through the following modalities: Alchemical Hypnotherapy, Acupressure, Healing Touch, Reiki, Body Centered Therapy, Aroma-therapy, Flower Essence Therapy, Vibrational Health Therapy, and Craniosacral Therapy. By appointment only -- no drop ins.

Arctic Chiropractic
Contact: Patrice Reinhardt
315 Lincoln St., Suite 207
“Life is Good, When You’re Pain Free” Treating Headaches, neck pain, chiropractic adjustments, physical therapy and rehabilitation, and therapeutic massage.

Anam Cara
Lisa Sadleir-Hart
815 Charles Street
Anam Cara offers spiritual formation workshops in the contemplative tradition, facilitated spiritual journey groups and individual spiritual direction.

Baranof Wellness & Chiropractic
310 Eler Street
Jake Walden DC; Karen Zamzow, D.C; Stan Filler, Massage Therapist;
Catherine Reynolds, Massage Therapist
"We are here to help Sitkan's get their health back in their hands. We are an alternative approach to drugs, radiation, or surgery. We offer multiple chiropractic techniques, massage, diet/nutritional counseling, decompression and other therapeutic modalities. We take the time to work with your situation individually and not run you through the standard approach."

Spinning Moon Apothecary
Leah Murphy and Zak Schafer
Sitka's source for herbs, tinctures, teas, and whole being health.
Sitka healing arts network cont’d…

Sufi Meditation Circle
Phone: 747-3678
Email: auriella@alaska.com
Contact: Auriella Hughes, Coordinator
Individuals gather to meditate together, study teachings from the Sufi tradition, & share.

Therapeutic Massage
Phone: 747-7311
Mo McBride ▼ Tess Heyburn ▼ Cherie Creek
110 American Street
A group of certified massage practitioners trained in a variety of modalities including Swedish massage, deep tissue, manual lymph drainage, craniosacral, myofacial massage, Healing Touch, chair, and hot stone massage. Hours are by appointment only. Out call services available on request. Gift certificates available, credit cards accepted.

Yoga Union
Phone: 623-7022
Andrea Thomas ▼ Corrie Bosman ▼ Lisa Sadleir-Hart ▼ Michele Friedman ▼ Sue Conrad ▼ Amelia Budd ▼ Jasmine Shaw ▼ Kari Fish ▼ Austin Killien ▼ Lauren Kenny
Kellogg Building on the Sitka Fine Arts Camp campus  
yogaunionsitka.com
Offering various levels of yoga instruction: Yoga Basics, Gentle Yoga, Dynamic Yoga, and Vinyasa Flow.

Sitka Native Associations

Alaska Native Brotherhood (ANB) Camp #1
Phone: 907- 500-4400
Contact: George Chappell, President
235 Katlian Street, Suite A
The Alaska Native Brotherhood is a non-profit, fraternal organization established in 1912. The ANB has served Alaska in many ways including assisting in the development of society and in the preservation of Native culture, and ensuring that all people are treated equally. The first charter for the ANB was formed in Sitka by a group of Founding Fathers.

Alaska Native Sisterhood (ANS) Camp #4
Phone: 1-505-204-3634
Contact: Rachel Henderson, President
235 Katlian Street
The ANS works as a volunteer organization to promote, enhance and initiate social, cultural, health, and wellness issues that face Alaskan Natives or American Indians that reside in Sitka. ANS Camp #4 meets on a regular basis at the ANB Hall with meeting notices published in the newspaper. The ANS is open to any citizen of Sitka who wishes to join. A small fee is required.
Sitka Native Associations cont’d…

**Baranof Island Housing Authority**
Phone: 747-5088 Fax: 747-5701
Contact: David Goade, Executive Director
245 Katlian / P. O. Box 517
Using Housing and Urban Development funds and matching funds from Alaska Housing Finance Corporation, BIHA builds and manages homes for Native-occupant participants in a lease-to-purchase program. BIHA also builds and manages low-income rental units. Occupants’ payments for both programs are based on income.

**Gájaa Héen Dancers**
Phone: 738-1045
Contact: Lakrisha Johnson
A 6-12 grade youth dance group. Part of the Sitka Native Education Program. An Alaskan Native dance group that performs over 40 traditional Tlingit dances. Performances available upon request.

**Noow Tlein Dancers**
Phone: 752-0867
Contact: Lillian Young
Perform traditional Tlingit dances. Adult dance group.

**Shee Atiká Incorporated**
Sheeatika.com
Phone: 747-3534 Fax: 747-5727
Contact: Kenneth M. Cameron, D.M.D., President & CEO
Sheeatika.com is an urban corporation organized pursuant to the Alaska Native Claims Settlement Act.

**Sheet’ ka Kwaan Naa Kahidi Community House**
Phone: 747-7290 Fax: 747-3770
Contact: Tonia
200 Katlian Street
Native performances and native art gift shop. Available for rent for meetings and other events.

**Sitka Cultural Center**
Phone: 747-8061 Fax: 747-8189
Artists Studio: 747-8122
Contact: Nancy Douglas, Manager
106 Metlakatla Street, Suite C
The Sitka Cultural Center (formerly Southeast Alaskan Indian Cultural Center) was established in 1969 and became a non-profit organization in 1993. The mission of the Cultural Center is to sustain and perpetuate the art and culture of Southeast Alaska Natives. It is comprised of three art studios; fiber arts, metals and wood. Resident artists provide demonstration, instruction and interpretation of cultural arts. The Cultural Center is housed at the Sitka National Historical Park.
Sitka Native Associations cont’d…

Sitka Tribe of Alaska
Contact: Alicia Gassman, General Manager
456 Katlian Street
Social Services
Contracts with federal agencies to provide adult vocational training; direct employment assistance; higher education assistance and grants; housing improvement; Johnson O’Malley; and social services that include Indian Child Welfare Act services for people that are enrolled or eligible to be enrolled. Also provides services for children, youth and families exposed to domestic violence. Provides activities for at risk or high-risk youth.

Sitka Tribal Enterprises
246 Katlian Street
Includes the transaction of all or any lawful public and private fundraising efforts as well as the development, support, and management of economic development activities which may include education, cultural, and business development projects in support of the Sitka Native community of Sitka, Alaska.

Tlingit & Haida’s Tribal Temporary Assistance to Needy Families (TTANF) Employment & Training Division
201 Katlian Street, Suite 200B
(Second floor of Totem Square Inn)
Contact: Barbara Borgen
Contact: George Jackson
Administers the Tribal Temporary Assistance to Needy Families (TTANF) Program for recipients of the Tlingit & Haida’s Temporary Cash Assistance Program with the goal of assisting families in becoming more self-sufficient.

Youth Services and Recreation

Alaska, State of, Division of Juvenile Justice (SEE PAGE 10)

Babies and Books
Contact: Maite Lorente (or ask at the Library)
c/o Sitka Public Library, 320 Harbor Dr.
Babies and Books promotes literacy in families with newborn to 3 year-old children. All parents of newborns receive a board book in the hospital and resource guide newsletters are sent out at regular intervals and yearly birthday parties are held at the library.
Youth services and recreation cont’d...

**Baranof Barracudas Swim Club (BBSC)**  
Contact: Kevin Knox, Head Coach  
Phone: 738-4664  
Email: bbsc.sitka@gmail.com  
Established in 1974 as the Sitka Swim Club, this non-profit, parent-run organization continues to build swimmers of all ages with the tradition of producing competitive Alaskan swimmers. The BBSC is associated with the nationwide USA Swimming Organization. Call for more info.

**Girl Scouts of Alaska**  
girlscoutsalaska.org  
3911 Turnagain Blvd. East, Anchorage 99517  
Phone: 966-2599  
Toll Free: 1-800-478-7448  
Email: susitna@gsscaak.org  
Contact: Rose MacIntyre, Sitka Girl Scout Community Coordinator  
1907 Cascade Creek Road  
The Girl Scout Leadership Experience provides girls with three keys to leadership:
- **Discover**: Girls understand themselves and their values and use their knowledge and skills to explore the world.
- **Connect**: Girls care about, inspire, and team with others locally and globally.
- **Take Action**: Girls act to make the world a better place.

**JO Girls Fast Pitch Softball**  
Phone: 747-3924  
Contact: Lesa Way  
Registration starts in March, season runs April through June. Open to girls ages 8 and up.

**Kenwa Kai Karate of Sitka**  
Contact: Sensei Laurinda Marcello  
P.O. Box 654  
Phone 738-2887  
email:sensei@sitkakarate.org  
Kenwa Kai Karate of Sitka’s mission is to provide high-quality karate instruction to youth and adults in Sitka. We teach a traditional Japanese karate style called Shito-ryu. We are dedicated to helping each student achieve their personal goals in karate and beyond. Kenwa Karate of Sitka offers a variety of classes throughout the year for those ages four years old & up. New students are always welcome. (see also pg)

**Hames Athletic & Wellness Center**  
Phone: 747-8096  
Fax: 747-2654  
801 Lincoln Street (just off Jeff Davis Street)  
Offering education and recreation opportunities for people of all ages including youth and adult sports. (see also pg)

**Sitka Fastpitch Softball Club**  
sitkafastpitchsoftball.org  
1417 Davidoff Street  
Sitka, Alaska 99835  
email:sitkafastpitchsoftball@gmail.com
Youth services and recreation cont’d...

**Sitka Fine Arts Camp**
Contact: Roger Schmidt, Director
P.O. Box 3086
Phone 747-3085
fineartscamp.org
This annual camp offers intense, high-quality professional instruction in music, dance, theater, visual arts, creative writing, computer and video production, and native arts with a rich and varied art opportunity outside the traditional classroom setting. (SEE PAGE 29)

**Sitka Little League**
Phone: 738-6603
P.O. Box 2761 tshq.bluesombrero.com Email: sitkalittleleague@gmail.com
Little League Baseball program for Tee Ball through Big League – ages 5 to 18, male and female.

**Sitka Native Education Program (SNEP)**
Phone: 747-8561 Fax: 747-5774
235 Katlian Street / P.O. Box 6210 snep99835.tripod.com
SNEP is a non-profit organization dedicated to the education of the Native youth of Sitka, Alaska. Some of the services we provide are traditional Native education including; language, songs, dance, drumming and beading. We also provide tutoring services for students of all grade levels throughout all the schools in the Sitka/Mt. Edgecumbe area. We have transportation available for the students who would otherwise not be able to attend our classes and we also have limited preschool tuition assistance.