

COMMUNITY RESOURCE GUIDE

SITKA, ALASKA

2019

**First Created By
Sitka Legislative Information Office
Legislative Affairs Agency
201 Katlian Street, Suite 103
Updated by
The Advocates for Elders Services Group
Sitka, AK 99835
907-966-4250**

This **Community Resource Guide** was updated as of August 2019
as an effort by the **The Advocates for Elders Service Group**
to connect our community with
other Sitka organizations that may not be easily found
in the local phone directory.

This is considered a living document and we expect changes will occur.
We apologize in advance for any errors.

For updates or edits, please
email: twalsh@cfc.org

The Advocates for Elders Service Group would like to acknowledge its
members and all others involved with the update of this resource guide.

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Emergency Numbers

Fire, Police or Medical Emergency	Call 911	
Coast Guard	1-800-478-5555	
FBI	907-276-4441	
Fire Department (Information/Business) 209 Lake Street	Phone: 747-3233	Fax: 747-7450
Police Department (Information/Business) 304 Lake Street	Phone: 747-3245 www.sitkapd.com	Fax: 747-1075
SEARHC - Mt. Edgecumbe Medical Center 222 Tongass Dr	Phone: 966-2411	Fax: 966-8300
SEARHC Help Line Available 24 hours a day, seven days a week to Residents of Southeast Alaska.	Phone: 1-877-294-0074	
Careline Crisis Intervention	1-877-266-4357	
Sitkans Against Family Violence (SAFV) (Information/Business)	Phone: 747-3370	Fax: 747-3450
Crisis Line (24 hour line)	1-800-478-6511	747-6511
STAR (Rape Crisis Line)	1-800-478-8999	
National Response Center (Oil & Toxic Chemical Spills)	1-800-424-8802	
NOAA Fisheries Enforcement Hotline	1-800-853-1964	
Poison Information Center	1-800-222-1222	

Child Care

Alaska, State of, Child Care Program Office Phone: 1-888-268-4632, 1-907-465-4756

Southeast Regional Office

Email: CCPO@alaska.gov

P.O. Box 11064 Goldstein Building, RM 512-51 Juneau, AK 99811

Hours: Mon.-Fri. 8:00 a.m. - 4:30 p.m.

Provides assistance with child care expenses for eligible families who are working or participating in an education or training program. Also provides a list of licensed home day cares serving children ages 6 weeks to 12 years in the Southeast area.

Child Care Assistance Program administered by Catholic Community Services

415 6th Street,
Juneau, AK 99801

ccsjuneau.org

Phone: 1-800-505-6124

Fax: 1-888-216-2011

Email: ccap@ccsjuneau.org

Licensed Home Care Providers

3100 Channel Drive, Suite 215
Juneau, AK 99801

threadalaska.org

Toll Free: 1-800-278-3723

Phone: 1-907-789-1235

3-5 Preschool

Contact: Joanne Ingman

Mailing: P.O. Box 103

Physical: 110 College Dr., rm. 101, in the Rasmusson Building on the Sitka Fine Arts Campus. Preschool for 3-5 year olds during school year.

Phone: 747-6898 Fax: 747-6898

Betty Eliason Child Care Center

Contact: Jaimie Rhodes, Director

607 Lincoln Street

Licensed childcare and licensed preschool. Also provides before and after school care,

Phone: 747-5892 Fax: 747-5422

Mt. Edgecumbe Preschool

Contact: Lori Whitmill

129 Seward Street (adjacent to the Pioneer Home)

mtedgecumbepreschool.org

Provides education for 3-5 year olds, including an after-school program for kindergarteners

Phone: 966-2675 Fax: 966-2674

Email: meps@ptialaska.net

Sheldon Jackson Child Care Center

Contact: Lolly Miller, Director

111 John Brady Drive

Provides care from infant through pre-school with low student to teacher ratios for a safe and productive learning environment. SJCCC is an independently governed non-profit center.

Phone: 747-5437 Fax: 747-5395

Email: sjccc@alaska.net

Child care cont'd...

Tlingit & Haida Head Start

Mailing: P.O. Box 6527

Rasmussen Building on Sitka Fine Arts campus

ccthita.org (under family services)

Program for preschool ages 3-5 years, Tuesday - Friday. Education, health and social services for children and families. Provides breakfast and lunch; transportation available.

Phone: 747-8356 Fax: 747-3184

Email: kperanto@ccthita-nsn.gov

Ventures Program-Community Schools

P.O. Box 304

(Baranof Elementary School, Rm 17)

Before and after school program Monday through Friday. Open during in-service, holidays, and summer. Ventures uses a thematic approach integrating reading, science, writing, and math in daily activities.

Phone: 966-1317 Fax: 747-3049

Email: ragsdalem@sitkaschools.org

Faith-based Organizations

Baha'i Faith

P.O. Box 2444

sitkabahai.org

Phone: 623-0802

Email: info@sitkabahai.org

Calvary Chapel Sitka

P.O. Box 1766 (Meets on Sunday at 3pm at

United Methodist Church, 303 Kimsham Street)

Contact: Pastor Dug Jensen

Phone: 747-5454

CalvarySitka.org

Email: survival@gci.net

Christian Science Group

Services 11am Sundays

Phone: 747-8508 or 747-8745

Contact: Betty Henning

Church of Christ

1113 Edgecumbe Dr.

Preacher: Joel Warner

Church Phone: 747-5859

Phone: 907-252-2141

Church of Jesus Christ of Latter Day Saints (Mormon), Sitka Ward

105 Shotgun Alley

Broch Bauder

Phone: 747-8991

907-738-9901

Eagle Quest Ministries

215 Smith St Suite A/P.O. Box 2452

eaglequestministries.com

Phone: 747-4903

Ride to services: 752-0787 or 738-7381

email: eaglequest.ministries@yahoo.com

Ecknankar

Religion of the Light & Sound of God

Phone: 907-747-8902

Faith-based organizations cont'd...

First Baptist Church

514 Halibut Point Road
Contact: Pastor Cliff Day

Phone: 907-290-0288
fbcsitka.com

Grace Lutheran Church, WELS

304 Tilson Street

Phone: 747-6938
Facebook: Grace Lutheran Sitka WELS

Grace Harbor

1904 Halibut Point Road
Contact: Paul McArthur or Stewart Pook

Phone: 747-5706
sitkagraceharbor.com

Jehovah's Witnesses Kingdom Hall

519 Monastery Street

Phone: 747-8742
jw.org

Salvation Army

405 Sawmill Creek Road
Contact: Cap. Mathew & Charleen Morrow

Phone: 747-3358 **Fax: 747-3458**
(M-F soup kitchen, food cupboard & utility assistance)

Sitka Assembly of God

214 Kimsham Street Sunday service 10am
Contact: Pastor Ryan Gluth

Phone: 747-5848
sitkaag.org
Email: office@sitkaag.org

Sitka Bible Baptist Church

(Meets on Sundays at 10:30am at Yaw Chapel
on Sitka Fine Arts Camp Campus)
Pastor: Dale Hanson

Phone: 747-6498
sitkabiblebaptist.org
Email: cdhanson@worldnet.att.net

Sitka Christian Center

502 Hirst Street, P.O. Box 1715
Contact: Pastor Al Hass

Phone: 747-6771

Sitka Church of the Nazarene

305 Lake Street
Contact: Pastor Chuck Haskins

Phone: 747-8115

Sitka Jewish Community

Contact: David Voluck

Phone: 738-1608

Sitka Lutheran Church, ELCA

224 Lincoln Street / P.O. Box 598
Contact: Pastor Sandra Rudd

Phone: 747-3338
sitkalutheranchurch.org

Sitka Seventh-day Adventist

1613 Halibut Point Road

Phone: 747-8855
sitkaadventistchurch.org

Faith-based organizations cont'd...

St. Gregory Catholic Church

606 Etolin Street / P.O. Box 495
Contact: Fr. Dwight Hoeberechts, OMI

Phone: 747-8371

Email: mail.stgregory@gmail.com

St. Michael's of the Archangel Orthodox Cathedral

240 Lincoln Street / P.O. Box 697
Contact: Father Ishmael Andrews

Phone: 738-8929

Gift Shop: 747-8101

Email: qulicaq99@yahoo.com

St. Peter's By the Sea Episcopal Church

611 Lincoln Street / P.O. Box 1130
Contact: Rev. Julie Platson

Phone: 747-3977

email: stpetersbytheseak@gmail.com

stpeters-sitka.org

Unitarian Universalists Association

408 Marine Street (Meets Sunday at 10:30am)

Phone: 747-3363

sitkauu.org

United Methodist Church of Sitka

303 Kimsham Street
Contact: Rev Bennie Grace (Pastor Jo Jo) Nabua

Phone: 747-8775

Email: umc@umcsitka.com

umcsitka.com

United Pentecostal Church

101 Cascade Creek / P.O. Box 35

Phone: 907-609-0292

sitkaupc.com

Email: pentecost239@gmail.com

Education

**Alaska Marine Safety Education Association
(AMSEA)**

Contact: Jerry Dzugan, Executive Director
2924 Halibut Point Road

Phone: 747-3287

amsea.org

Email: admin@amsea.org

AMSEA's mission is to reduce injury and death in the marine and fresh water environment through education and training provided by a network of qualified marine safety instructors.

Alaska, State of, Public Safety Training Academy

Phone: 747-6611 Fax: 747-5606

877 Sawmill Creek Road **dps.alaska.gov**

The Alaska Law Enforcement Training Program offers specialized classes and practical training for a variety of law enforcement careers. Offered by the Department of Public Safety.

Education cont'd...

Hames Center

121 John Brady Drive hamescenter.com **Phone: 747-5080** **Email: hamescenter@gmail.com**

The mission of the Hames Center is to promote and support a community approach to personal community wellness through health promotion, indoor activity access, education programming, and service to the community of Sitka. Committed to providing opportunities that expand access to wellness and health through physical, mental, emotional, spiritual, social and environmental wellbeing.

Mt. Edgecumbe High School

1330 Seward Avenue

Janelle Vanasse, Superintendent

Mt. Edgecumbe is a State-run boarding school for Alaskan high school students. Its mission to provide challenging, unique education in a residential setting that values rich cultural diversities and traditions, inspiring Alaskan students to become successful, responsible, global citizens.

Phone : 966-3200 Fax: 966-2442

mehs.us

Bernie Gurule, Principal

SEER School (SouthEast Enrichment Resource Center) Phone: 747-6224

Contacts: Heidi Raffaele theseerschool.org **Email: seerschool@gmail.com**

303 Kimsham Street/P.O. Box 1031 (basement of Methodist Church on Edgecumbe Drive)

Provide a personalized education for students of all abilities, grades K-8, within a multiage setting. Call for more information.

Sitka Adventist School (Grades 1-8)

1613 Halibut Point Road

Phone: 747-8855 **Email: sitkaadventistschool@gmail.com**

Contact: Kallie McCutcheon

Phone: 360-250-4733

Looking for something extra in your child's education? Call or email for information.

Sitka Native Education Program (SNEP)

Phone: 966-1242 Fax: 747-4915

456 Katlian Street (Mail) / 304 Baranof (physical)

Contact: Nancy Douglas, Director **Email: douglasn@sitkaschools.org**

SNEP is an organization dedicated to the education of the youth of Sitka providing training in Northwest Coast art.

Sitka School District Office

300 Kostrometinoff Street / P.O. Box 179

Dr. Mary Wegner, Superintendent

Phone: 747-8622 Fax: 966-1260

sitkaschools.org

Email: wegnerm@sitkaschools.org

Baranof Elementary School (K-Grade 1)

Jill Lecrone, Principal

305 Baranof Street

Phone: 747-5825 Fax: 747-3049

Email: lecronej@sitkaschools.org

Education cont'd...

Keet Goshi Heen Elementary School (Grades 2-5) Phone: 747-8395 Fax: 966-1240
Casey Demmert, Principal Email: demmertc@sitkaschools.org
307 Kashevaroff Street

Blatchley Middle School (Grades 6-8) Phone: 747-8672 Fax: 966-1460
Ben White, Principal Email: whiteb@sitkaschools.org
601 Halibut Point Road

Sitka High School (Grades 9-12) Phone: 747-3263 Fax: 747-3229
Laura Rogers, Principal Email: rogersla@sitkaschools.org
1000 Lake Street

Pacific High School (Grades 9-12) Phone: 747-0525 Fax: 747-7310
Mandy Summer, Principal Email: summerm@sitkaschools.org
509 Lincoln Street (Alternative High School)

REACH (Home School Support/Respecting Educational Alternatives & Choices in Homeschooling) (Grades K - 12) Phone: 747-7514 Fax: 747-3049

Contact: Colleen Carroll, Coordinator

Support for parents choosing to home school their children providing misc. workshops, lending library, testing and computer loans. Monthly newsletter mailed to participants.

Colleges and Universities

University of Alaska Southeast Sitka Campus Phone: 747-7700 Fax: 747-7731
Contact: Leslie Gordon, Campus Director uas.alaska.edu
1332 Seward Avenue Toll free: 1-800-478-6653

Student Success Center (advising) Phone: 747-7717

The University of Alaska Southeast is a regional unit of the University statewide system of higher education. Established on July 1, 1987 with the restructuring of the former University of Alaska Juneau, Ketchikan Community College, and Islands Community College (Sitka), the University of Alaska Southeast serves the residents of Southeast with campuses in Juneau, Ketchikan and Sitka. The Sitka campus (founded as Sitka Community College in 1962) shares in Sitka's rich cultural heritage. Native Alaskans have lived in this area for 11,000 years, the Russian's made it their North American capital, and the Americans bought it from Russia in 1867. Mt. Edgecumbe, a dormant volcano, dominates the horizon across Sitka Sound. The Sitka campus awards workforce credentials, occupational endorsements, certificates and associate degrees.

Colleges cont'd...

University of Alaska, Fairbanks-Alaska Sea Grant, Marine Advisory Program

1007 West 3rd Ave., Suite 100,
Anchorage, AK 99501

Phone: 907-274-9691 Fax: 907-277-5242
seagrant.uaf.edu

Local contact: Jerry Dzugan

Phone: 747-3287 Fax: 747-3259

A statewide outreach and technical assistance program helping Alaskans wisely use, conserve, and enjoy Alaska's marine and coastal resources.

University of Alaska Fairbanks-Cooperative Extension Sitka uaf.edu/ces

Jasmine Shaw

Phone: 747-9440

1332 Seward Avenue (UAS Sitka Campus) **Email: jdshaw2@alaska.edu**

Information, workshops on horticulture, pest management, home gardening, forest based enterprises, conflict resolution, youth/4H, rural development, and mineral resources.

Libraries

Sitka Public Library

Kathryn Hurlley, Director
320 Harbor Drive

Phone: 747-8708 Fax: 747-8755

Phone: 747-4021

Email: library@cityofsitka.com

The mission of Sitka Public Library is to provide a collection of informational, cultural, recreational, educational, and local historical resources to meet the evolving needs of its patrons and promote reading as an essential element of an informed citizenry in a democracy.

Elected Officials

Mike Dunleavy

Governor of Alaska
P. O. Box 110001
Juneau, AK 99811-0001

Phone: (907) 465-3500 Fax (907) 465-3532

Email: governor@alaska.gov

www.alaska.gov

Kevin Meyer

Lieutenant Governor of Alaska
P.O. Box 110015
Juneau, AK 99811-0015

Phone:(907) 465-3520 Fax: (907) 456-5400

Email: lt.governor@alaska.gov

Senator Bert Stedman

State Capitol Building, Room 30
Juneau, AK 99801-1182

Juneau: (907) 465-3873 Fax: (907) 465-3922

Sitka: (907) 747-2952 Fax: (907) 747-5807

Ketchikan: (907) 225-8088 Fax: (907) 225-0713

Toll free: 1-877-463-3873

senate.legis.state.ak.us/smn.php

Email: Senator.Bert.Stedman@akleg.gov

Elected officials cont'd...

Rep. Jonathan Kreiss-Tomkins

State Capitol Building, Room 411
Juneau, AK 99801-1182

house.legis.state.ak.us

Email: Representative.Jonathan.Kreiss-Tomkins@akleg.gov

Juneau: (907) 465-3732 Fax: (907) 465-2652

Sitka: (907) 747-4665 Fax: (907) 747-5807

Toll Free: 1-888-461-3732

Senator Lisa Murkowski

United States Senate
522 Hart Senate Office Building
Washington, D.C. 20510-0202

Phone: (202) 224-6665 Fax: (202) 224-5301

murkowski.senate.gov

Senator Dan Sullivan

United States Senate
302 Hart Senate Office Building
Washington, D.C. 20510-0201

Phone: (202) 224-3004 Fax: (202) 224-2354

Toll free in Alaska: 1-877-501-6275

sullivan.senate.gov

U.S. Congressman Don Young

2314 Rayburn House Office Bldg*
Washington, D.C. 20515-0201

Phone: (202) 225-5765 Fax: (202) 225-0425

donyoung.house.gov

Email: donyoung@mail.house.gov

Sitka Legislative Information Office

Ken Fate, Legislative Information Officer
201 Katlian Street, Suite 103
Totem Square Inn, Sitka, AK 99835

Phone: (907) 747-6276

Fax: (907) 747-5807

Email: Sitka.LIO@akleg.gov

legis.state.ak.us

During session send your Public Opinion Message on-line:

http://www.legis.state.ak.us/

Fraternal and Professional Organizations

Alaska Longline Fishermen's Association

Contact: Linda Behnken, Executive Director

Email: **alfastaff@gmail.com**

834 Lincoln Street, #23 / P. O. Box 1229

Phone: 747-3400 Fax: 747-3462

alfafish.org

Located upstairs in the Sitka Sound Science Center building, ALFA represents longline fishermen in conservation and allocation issues at the local, state and federal level.

Alaska Trollers Association

Contact: Amy Daugherty, Executive Director

130 Seward Street, #205, Juneau, AK 99801

Representing commercial salmon trollers in regulatory and policy arenas and working to ensure wholesome, sustainable seafood for consumers.

Phone: 586-9400 Fax: 586-4473

aktrollers.org

Email: ata@gci.net

Fraternal and professional organizations cont'd...

American Legion Sitka Post 13 and Auxiliary

Contact: Margaret Carlson, Club Manager

Phone: 747-8629 Fax: 747-8926

205 Lincoln Street

Community programs, Special Olympics, and recreational programs.

Delta Kappa Gamma

Contact: Jan Love

Phone: 747-5608

Email: bjmelove@gci.net

Organization to promote women in the educational workforce.

Elks Lodge #1662 (BPOE)

412 Sawmill Creek Road

Phone: 747-3511 (club)

Fax: 747-6830

(The) Greater Sitka Chamber of Commerce Phone: 747-8604 Fax: 747-7413

104 Lake St./ P.O. Box 638

Contact: Rachel Roy, Executive Director

Email: sitkachamber.membership@gmail.com

sitkachamber.com

This is a voluntary organization of business and community leaders who promote, support, and facilitate commerce and economic growth in the community. Meetings are at 12pm every Wednesday at the Westmark Sitka banquet room.

Island Artists Gallery

An artist's cooperative islandartistsgallery.com

Phone: 747- 6536

Email: artsitka@gmail.com

The Island Institute

Contact: Linda Behnken

P. O. Box 2420

Phone: 747-3794 Fax: 747-6554

islandinstitutealaska.org

The Island Institute hosts several writers-in-residence throughout the year. Initiates and facilitates town-meeting style discussions on sustainability & other pertinent community issues.

Moose, Loyal Order of the

Contact: Earl Pyrtle, Administrator

Elizabeth Stark, Administrative Assistant

Provides community service projects, scholarships and assistance.

Phone: 747-3344

Email: lodge1350@mooseunits.org

Mt. Verstovia Masonic Lodge #18

Contact: Master, Edward Phillips

313 Lake St

Phone: 747-8526

Fraternal and professional organizations cont'd...

Ocean Wave Quilters

Phone: 747-5998

Contact: Jane Seesz, President

Membership of quilt makers who meet September through May on the first Tuesday of every month. Members sponsor quilt workshops throughout the year and an annual quilt show. Donations are made to help fund college scholarships, books to Kettleson Memorial Library, and other community service organizations. The public is invited to attend.

Sitka Cancer Survivors Society

Phone: 738-1176

Contact: Susan Suarez, President Candi Barger, V. President

A non-profit organization dedicated to education and awareness in coping with the effect of cancer on individuals and family members. The Board and its members are available to individuals and their family members during the difficulties of dealing with this disease. The contribution of benches and the Path of Hope is a gesture of support to the community.

Sitka Conservation Society

Phone: 747-7509

201 Lincoln St, Ste 4

Email: info@sitkawild.org

To protect the natural environment of the Tongass while supporting the development of sustainable communities in Southeast Alaska

Sitka Economic Development Association (SEDA)

Phone: 747-2660 Fax: 747-7688

Contact: Garry White, Executive Director 329 Harbor Drive, Suite 212

A private, non-profit group dedicated to improving the lives of Sitkans through the development of our economy; help foster a business climate that is receptive and conducive to existing and new business; help promote the creation of family wage jobs; and enhance the quality of life.

Sitka Emblem Club

Phone: 747-6326

Contact: Judy Blankenship

P. O. Box 275

Women's organization specializing in community service projects. Membership open to women over 21 and those interested in community service.

Sitka Historical Society

Phone: 747-6455 Fax: 747-6588

Contact: Hal Spackman

sitkahistory.org

330 Harbor Drive

Email: sitkahis@ptialaska.net

Encouragement of historic preservation, lectures, special research, projects and newsletter.

Sitka Pioneers' Home Auxiliary

Phone: 747-8825

Kathryn Snelling, President

120 Katlian Street

Welcomes members who wish to help seek ways to support Pioneer Home residents, staff and programs.

Fraternal and professional organizations cont'd...

Sitka Rotary Club

Contact: Jeff Budd, then Shauna Thornton
P. O. Box 6185

Phone: 738-2014

Email: swbergman@gci.net

This organization lists its motto as "Service Above Self" and community service projects include scholarships, direct donations, vocational services (student and professional experiences), international services (youth exchange program), and local fund raising such as Rotary Duck Race every 4th of July. Meets at 12pm every Tuesday at the Westmark Sitka Banquet Room.

Sitka RESULTS

Phone: 747-0402

Contact: Michele Friedman Email: shantimara@yahoo.com Sitka RESULTS volunteers meet monthly addressing their leaders in Congress in order to work towards the mission of RESULTS and its sister organization RESULTS Educational Fund (REF) which aims to revolutionize the way Americans interact with their democracy while helping millions of people move out of poverty. More information at www.results.org

Sitka Shrine Club

Contact: Tom Brown

Phone: 747-5686

Sitka Sportsman's Association

Contact: Foy Nevers

R.V. Park, indoor shooting range, Sitka Salmon Derby, skeet and trap shooting.

Phone: 747-83469 Fax: 747-0615

Sitka Woman's Club

Contact: Shiela Finkenbinder 300 Harbor Drive

A service organization dedicated to supporting the best interests especially as they pertain to women and children in Sitka. Membership open to all women. Scholarships are available.

Phone: 738-3098

Society of American Foresters

Contact: Richard Abt

Provides information and service to the community by persons in the field of forestry and other natural resource professions.

Phone: 907-228-6289

eforester.org

Southeast Alaska Women in Fisheries

Contact: Mary Todd Andersen or
Denise Klinger
P.O. Box 2276

Phone: 738-0969 / 747-5012

Email: marytoddandersen@gmail.com

SEAWIF is active in various community projects such as Kid's Don't Float (pfd loaners at the docks), Blessing of the Fleet, the Mariner's Wall, the Fishermen's flea market, a fisheries cookbook, marine safety programs and provides a support group for women in the fishing industry. All interested women are invited to join.

Fraternal and professional organizations cont'd...

U.S. Coast Guard Spouses' and Women's Association (USCGSWA)

P.O. Box 1164

sitkacoastguardspouses.org **Email: contact@sitkacoastguardspouses.org**

The USCGSWA supports the morale and well-being of our service personnel's spouses and their families by engaging in many charitable, community and social activities and acts as a support system within the community.

Women of the Moose

Phone: 747-3344

337 Lincoln Avenue

Non-profit organization assisting the community including offering scholarships to local students

Handyman/Contractor Services

Dumag Services

Phone: 738-5570/738-2626

Contact: Edward Dumag

Usually busy during the day, leave a message or call after 6:00pm.

Browns Refrigeration Resources

Phone: 623-0717

Contact: Christopher Brown

A professionally licensed, bonded and insured contractor in Alaska. We specialize in refrigeration and heat pump systems both installs and repairs.

Health and Human Services

Alaska Care Line

Phone: 1-877-266-HELP (4357)

Counselors with a focus on suicide prevention.

Alaska, State of, Office of Children's Services (OCS) **Toll Free: 1-800-478-8605**

Report Child Abuse: 1-800-478-4444

Phone: 747-2802 Fax: 747-5542

208 Lake Street, Suite 2G Alaska Parent Line: 1-800-643-KIDS (5437)

Child protective services, information & referral, foster care licensing, & foster care for children.

Alaska, State of, Div. of Vocational Rehabilitation

Toll Free: 1-800-478-2726

304 Lake Street, Room 101

Phone: 747-4788 Fax: 747-6452

The mission of DVH is to assist individuals with disabilities to obtain and maintain employment while honoring and respecting each individual's strengths, skills, choices, abilities and culture.

Alaska's Tobacco Quit Line

Phone: 1-888-784-8669

Available 24-hours a day, 7-days a week, to help people quit tobacco use.

Health & Human services cont'd...

Alcoholics Anonymous

Phone: 747-8866

P. O. Box 2924

Group of men and women who share their experience, strength, and hope with others so that they may solve their common problem and help others to recover from alcoholism.

Jeff Arndt

Phone: 738-2025

Other than children under 10, I see all kinds of clients with the full array of issues, including: Grief, Relationships, Depression, Anxiety, Personality Disorders, Sexual issues, Improving lifestyle and wellness, Substance Abuse, and just about anything else. I have additional training and experience in Substance Abuse issues. I accept Premera insurance. Other insurances might be acceptable based on my past experience with them. I do not accept Medicaid. Self pay rates per visit are lower than what I charge insurance.

Brave Heart Volunteers

Phone: 747-4600 Fax: 747-8840

120 Katlian Street

braveheartvolunteers.org

(Adjacent to the Pioneers' Home in the Manager's House)

Contact: Maury Hackett, Director

Email: **maury@braveheartvolunteers.org**

Brave Heart Volunteers is a non-profit, community organization begun in 2001 as a response to health care gaps and to provide assistance with chronic illness and end-of-life care. Volunteer home visiting, family caregiver respite, and compassionate care services are provided for frail elders, homebound, isolated, disabled, critically ill, dementia, post-hospitalization and the terminally ill. Companionship, shopping, laundry, and help with light home chores and other daily activities are provided by volunteers. Other program services include volunteer training, orientation, and coordination; comprehensive end-of-life training and education for hospice volunteers; family caregiver information and support groups; grief and bereavement support groups; a library and resource room. Our Tlingit name Yee gu.aa yáx'wán means *be brave* and reflects the strong connection we feel with our care-receivers as their health changes and they face some of life's most difficult challenges. Services are offered free of charge.

Center For Community

Phone: 747-6960 Fax: 747-4868

Contact: Bryan O'Callaghan, Executive Director

700 Katlian Street, Suite B

- ◆ **Care Coordination** – Helping individuals and their families coordinate supportive and rehabilitative services. Chris Davison, Care Coordinator, email: **cdavison@cfc.org** or Cindy Thomas, Care Coordinator, email: **cthomas@cfc.org**
- ◆ **Supportive Living Services** – Providing support and instruction for people with developmental and other disabilities to acquire the skills they need to live in their own homes and participate in community life. Jennifer Axmann, email: **jaxmann@cfc.org**
- ◆ **Infant Learning Program** – Early intervention education and developmental enhancement programs for children age birth to three years. Gail Trujillo, ELP Director and TYCW Coordinator, email: **gtrujillo@cfc.org**
- ◆ **Personal Care Services** – Professional in-home care for temporary or long-term personal care needs resulting from age, disability or illness. Tamara Walsh Sitka Regional Manager for Community Services, email: **twalsh@cfc.org**

Health & Human services cont'd...

- ◆ **Respite Care Services** – Providing a needed break for caregivers and families of people with disabilities, Alzheimer's and other dementia, and frail seniors. Chris Davison, email: cdavison@cfc.org
- ◆ **Employment Enhancement Program** – Case management, job training, support services and job placement for people receiving public assistance. Referrals to this program come only from the Division of Public Assistance.

Easter Group (Sitka Outreach Support: Lifeline Group)

Phone: 738-6336

303 Kimsham St. Contact: Julia Smith

Email: eastergroupsitka@gmail.com

This is a collaborative community of concerned individuals, organizations, agencies, and faith-based communities in Sitka, Alaska committed to working together to address and support the comprehensive needs of those experiencing poverty and/or homelessness in our community so as to bring about hope. (**eastergroup.org**)

Jamie Guinn-Osborne

Phone: 747-6000

jamiguinnosborne.com

Providing individual, couples and family counseling.

Treatment specialization includes:

◆Therapy for Depression and Anxiety◆ Couples Counseling◆ Parenting Support◆ Grief Counseling◆ Work and Career issues◆ Stress Management◆ Conflict Resolution◆

I work with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond. In a comfortable and supportive atmosphere, I offer a highly personalized approach tailored to each of my clients individual needs to help attain the personal growth they're striving for.

Jeannie Jay, MFT (marital &family therapist)

Phone: 747-0576

514 Lake St., Suite B (under the dental clinic)

email: jeanniejaymft@gmail.com

I have been working as a therapist with youth and families since 2000 and in private practice in Sitka since 2014. I provide counseling services through Sitka Counseling and City & Borough of Sitka EAP and accept a variety of private insurance plans. I offer a free one hour initial consultation to see if we are a good therapy "fit."

PFLAG (Parents, Families and Friends of Lesbian and Gays)

P.O. Box 32245, Juneau, AK 99803

Phone: 907-463-4203

(Juneau) PFLAG promotes the health and well-being of gay, lesbian and bisexual persons, their families, and friends through: support to cope with an adverse society; education to enlighten an ill-informed public; and advocacy to end discrimination and to secure equal civil rights. PFLAG provides opportunity for dialogue about sexual orientation and acts to create a society that is healthy and respectful of human diversity.

Health & Human services cont'd...

Planned Parenthood of Alaska

3231 Glacier Hwy.

Phone: 1-800-769-0045 Fax: 206-788-8339

plannedparenthoodalaska.org

Providing low to no cost confidential and professional medical care for teens, women and men. Gynecological examinations, contraceptive care, cancer screenings, sexually transmitted infection screening and treatment, HIV antibody screening, pregnancy testing, counseling, and referrals.

Raven's Way

Intake and referral: 1-800-770-3063

Phone: 966-8716 Fax: 966-8705

searhc.org/ravensway

Raven's Way is a residential treatment program for Alaskan youth. Based in Sitka, our nationally accredited program combines conventional substance abuse treatment, adventure-based therapy, and Native cultural activities. Raven's Way is accredited by The Joint Commission and licensed by the State of Alaska. All while adhering to the ethical standards of the National Association of Alcohol and Drug Abuse Counselors (NAADAC).

Salvation Army

Contact: Capts. Matthew and Charleen Morrow

405 Sawmill Creek Road

Phone: 747-3358 Fax: 747-3458

Soup kitchen serves Monday-Friday, 11:30-1:30pm. Call for more information regarding emergency food, energy and rental assistance, and youth and women's activities.

SEARHC Home Health

814 Halibut Point Rd (upper level)

Phone: 966-8969

Email: homehealth@searhc.org

To address the increasing healthcare needs of Southeast Alaska's elder population, SEARHC developed home-based services for the community of Sitka. SEARHC's Health Promotion Program recruited qualified, home-health personnel and developed policies and procedures to offer this service. This line of care includes skilled nursing and rehabilitative services.

SEARHC Labor and Delivery Nursing Team

Phone: 966-8331

Childbirth Education

A free childbirth education class at Mt. Edgecumbe Hospital is available to all pregnant women and their birth partner. The class covers labor and birth, newborn care, breastfeeding, care options, and comfort options. For complete information and to sign up for class please contact: ruthu@searhc.org

Breastfeeding Support Group

A free Breastfeeding Support Group offered the 2nd Thursday of every month 10:00-11:00am. Hosted by Jasmine Esmay, RNC-OB, CLC and SEARHC MEH Labor and Delivery. A scale is available for anyone wishing to weigh their baby. Light refreshments are provided. Please call 907-966-8331 for more information. Or e-mail **Jasminee@searhc.org**

Health & Human services cont'd...

SEARHC Patient Health Benefits

Phone: 966-8662, 966-8920, 966-8307

The SEARHC Patient Health Benefits Team provides free assistance to anyone that would like to learn more about Medicaid, Medicare, Health Insurance Marketplace, Veteran's Benefits, Tribally Sponsored Health Insurance Program (TSHIP) and Sliding Discount. We also assist with food stamps, adult public assistance, senior benefits, Medicare savings programs and more.

Sitka Counseling and Prevention Services, Inc.

Phone: 747-3636

Fax: 747-5316

113 Metlakatla Street

sitkacounseling.org

“Promoting Wellness In Our Community” Sitka Counseling offers a variety of outpatient treatment services to assist adults, children, and families with behavioral health issues and substance use disorders. We also provide a variety of services for those persons who are experiencing disabling or long-term mental health problems. The diverse backgrounds, orientation, and specialties of our staff enable us to provide an individual approach to the problems that confront our clients. We offer comprehensive diagnostics and treatment for all members of the family.

Emergency Services: – Crisis intervention services can be accessed 24 hours a day by contacting staff at Sitka Community Hospital who will page the on-call clinician. 747-3241

Child/Youth Program: – This program serves children and youth under the age of 21 who exhibit severe behavioral, emotional, or social disabilities.

Adult and Youth Services:

- ◆ **Prevention** – Adult/Youth Alcohol/Drug Information School (ADIS/Prime for Life) ADIS is a state approved prevention education component appropriate for individuals assessed as not meeting a substance abuse or dependence diagnosis. The course is designed to increase awareness regarding the effects of alcohol/drug use and to promote responsible behavior. ADIS instructors must be state certified to teach the class and deliver a state-approved curriculum regarding alcohol and drugs. The class consists of 12 hours of education and is typically delivered in three 4-hour sessions during a one week period.
- ◆ **Comprehensive Assessments** – Each assessment includes an individualized interview regarding the client’s bio-psycho-social-spiritual history and functioning.
- ◆ **Adult and Adolescent Alcohol/Drug Information School**
- ◆ **Adult and Adolescent Outpatient Treatment**
- ◆ **Low Intensity Residential Treatment – Mac’s Place/Mary’s Place** -Is a men’s and women's level 3.1 substance treatment program, meaning it meets criteria for a ‘low intensity’ residential program. The program is open to all Alaskan men and women aged 18 and older, who have a primary diagnosis of substance abuse or dependence. Participants must be willing to engage in a substance-free, low intensity treatment program. There are six beds for men and six beds for women.
- ◆ **Continuing Care** – Available to all clients who complete their individualized treatment programs and is free of charge.

Health & Human services cont'd...

Sitka Health Summit

Contact: Doug Osborne or
Holly Marban

Phone: 747-0373

sitkahealthsummit.org
hmarban@searhc.org

This annual event brings together community members to pick a variety of community wellness goals to pursue for the next year. In 2018, the projects were to increase elder care services and housing in Sitka, and to build a safe place for teens (teen center). Past projects include becoming a Walk Friendly Community, becoming a Bicycle Friendly Community, starting the Sitka Farmers Market, launching the Fish To Schools program, building the Choose Respect mural on Blatchley Middle School, supporting the creation of the Hames Athletic and Wellness Center, building the Sitka Community Playground, and more.

Sitkans Against Family Violence (SAFV)

Toll free: 1-800-478-6511

P.O. Box 6136

Phone: 747-3370 Fax: 747-3450
safv.org

Offers emergency housing to victims of domestic violence and sexual assault. Provides crisis intervention, children's services, education, support groups and legal advocacy.

Sitka WIC Program

210 Moller Dr.

Phone: 623-0942 Fax: 966-8806

A special supplemental nutrition program for women, infants, and children to help safeguard the health of low-income women, infants, & children up to age 5 who are at nutritional risk by providing nutritious foods to supplement diets, information on healthy eating, and referrals to health care.

Sitka White Elephant Shop Inc.

Contact: Susan Brown
P.O. Box 6571

Store: 747-3430

A non-profit volunteer group dedicated to meeting Sitkan's needs not met by other agencies. Sitka White Elephant donates to other non-profits and can help with prescription glasses and medical travel.

Southeast Alaska Independent Living (SAIL)

Contact: Rick Petersen
514 Lake Street, Suite C

Phone: 747-6859 Fax: 747-6783
Email: sitka@sailinc.org

A consumer directed independent living program providing information and referrals, advocacy services, independent living skills training, recreation, and de-institutionalization information. The program is designed to increase the potential for persons with aging and/or disability issues who live in the community so they can remain active, involved, productive, integrated individuals.

Health & Human services cont'd...

Youth Advocates of Sitka, Inc.

Contact: Charlie Woodcock, Executive Director
805 Lincoln Street

Phone: 747-3687 Fax 747-3627
sitkayouth.org

YAS is a non-profit agency providing supportive mental health and behavioral health services that empower at-risk youth to grow into healthy, happy, and productive members of our community. Our programs include:

- ◆ Hanson House 10-bed residential youth treatment facility for youth ages 10-18.
- ◆ Community Mental Health Program providing individual, group and family therapy, case management, as well as supportive individual, group & family skills development. These services may be provided within the school setting or in the community for youth ages 5-18.
- ◆ Therapeutic Foster Care serves children and youth ages 5 - 21 years who are in need of a therapeutic placement (i.e. the youth's needs exceed the capacity of the natural family or the existing foster family) as prescribed by a mental health clinician. The TFC youth is placed with a licensed host family trained, supervised, and supported by agency staff.
- ◆ Non-Secure Attendant Shelter Care program providing support for youth who are being detained by local law enforcement.
- ◆ Family Resource Center (FRC) provides the main support and training for our Therapeutic Foster Care Program and Drop-In Center. The Drop-In Center focuses on independent living skills, community outreach activities, prevention services, and connecting youth to resources in Sitka. The Drop-In Center works with youth ages 14-21 years.

Media

Capital City Weekly/Juneau Empire

Robert Monteith, General Mgr
Emily Russo Miller, Editor
3100 Channel Drive
Juneau, AK 99801

Phone: 586-3740 Fax: 586-9097

GCI

208A Lake Street
Scanner Channel 1

Phone: 747-3535 Fax: 747-4929
Email: residentialcustomerservice@GCI.net
gci.com

KIFW 1230 AM & 103.1 FM

Mike Clasby, Station Manager
Chuck Geiger, Program Director
611 Lake Street

Phone: 747-6626 Fax: 747-8455
sitkaradio.com

Media cont'd...

North Star Television Network

Dan Etulain
520 Lake Street
KSCT Access Channel 11 NBC, KTNL CBS Affiliate

Phone: 747-8200 Fax: 747-8440

Email: danetulain@gmail.com

Raven Radio, KCAW (FM 104.7) (FM 90.1)

Becky Meiers, General Manager
2 Lincoln Street, Suite B

Phone: 747-5877 Fax: 747-5977

kcaw.org

Email: generalmanager@kcaw.org

Sitka Sentinel

Thad and Sandy Poulson, owners
112 Barracks Street
Daily newspaper and Arrowhead Press printing company.

Phone: 747-3219 Fax: 747-8898

**Email: news@sitkasentinel.com
sitkasentinel.com**

Sitka Soup

Suzanne Portello, Editor
P. O. Box 6353

Phone: 747-7595 Fax: 747-7596

**Email: shop@sitkasoup.com
sitkasoup.com**

Classified ads, announcements, online, and printed publication – every two weeks

Medical

Mountainside Family Clinic

209 Moller Ave

Mountainside Family Clinic provides primary care for children and adults of all ages. Our medical team diagnoses and treats acute and chronic illnesses and helps you stay healthy.

Phone: 747-1722

Mountainside Urgent Care

814 Halibut Point Rd.

Our Express Care Clinics are open to all community members and is staffed with a full-time medical provider. Patients can expect fast, effective medical treatment for non-emergency health conditions such as cold, flu, upset stomach, ear infections, or seasonal allergies. No appointments are necessary and walk-ins are welcome.

Phone: 966-9777

Oceanside Physical Therapy

805 Halibut Point Rd #6

Phone: 747-1771

SEARHC Home Health

814 Halibut Point Rd (upper level)

To address the increasing healthcare needs of Southeast Alaska's elder population, SEARHC developed home-based services for the community of Sitka. SEARHC's Health Promotion Program recruited qualified, home-health personnel and developed policies and procedures to offer this service. This line of care includes skilled nursing and rehabilitative services.

Phone: 966-8969

Email: homehealth@searhc.org

Medical cont'd...

Sitka Long Term Care
209 Moller Ave

Phone: 747-3241

Sitka Medical Center
700 Katlian St.

Phone: 966-8761

Sitka Medical Center offers a wide range of medical services to serve the needs of all Sitkans. Our team of dedicated healthcare professionals are here to help you make the right decisions about your treatment.

Sitka Physical Therapy
700 Katlian # E

Phone: 747-4559

Sitka Public Health Center
Contact: Barb Kendall
210 Moller Drive

Phone: 747-3255 Fax: 747-4899

Public health nurses provide preventive health services including: well child check-ups and immunizations, WIC referrals, post-partum home visits, referrals for funding through Health Care Program for Children with special needs. Communicable disease testing: TB screening, HIV antibody testing, and some STD testing. Adult immunizations including flu, tetanus, pneumonia, family planning services including pregnancy testing, emergency contraception, birth control counseling, free condoms and foam. Information brochures and booklets available on many health services, communicable diseases, parenting and child care. Most of these services are available to Port Alexander through periodic visits by the Public Health Nurse.

Southeast Alaska Regional Health Consortium (SEARHC)

S'áxt' Hít – Mt. Edgecumbe Medical Center
222 Tongass Drive

Phone: 966-2411 Fax: 966-8300
Emergency: 966-2411

A 49-bed acute care hospital and associated ambulatory clinics. Hospital staff specialists include family practice, internal medicine, obstetrics/gynecology, otolaryngology, psychiatry, general surgery, radiology, optometry, audiology, pediatrics, and dentistry. Support services located within the hospital include pharmacy, laboratory, imaging, physical therapy, respiratory therapy, nutritional counseling, patient education, and social services. The Outpatient Clinic provides primary care and specialty services both by appointment and on an urgent need basis. Emergency services are provided 24 hours a day, 7 days a week.

- **Emergency & Information** Phone: 966-2411 Fax: 966-8300
- **Administration** Phone: 966-8310
- **Audiology/Ear, Nose, & Throat** Phone: 966-8366
- **Contract Health Services** Phone: 966-8316
- **Dental Clinic** Phone: 966-8343
- **Haa Toowóo Náakw Hít,** Phone: 966-8611
Outpatient Mental Health
- **Health Records** Phone: 966-8350
- **Laboratory** Phone: 966-8326
- **Mental Health** Phone: 966-8611

Medical cont'd...

(SEAHRC)

- **Optometry Department** Phone: 966-8415
- **Outpatient Department** Phone: 966-8318
- **Pharmacy** Phone: 966-8347
- **Physical Therapy** Phone: 966-8312
- **Radiology** Phone: 966-8327
- **Social Services** Phone: 966-8413
- **Surgery Clinic** Phone: 966-8672
- **Wise Women** Phone: 966-8819

Southeast Regional Emergency Medical Services Council (SEREMS)

Contact: Bobbi Leichty, Director Phone: 747-8005 Fax: 747-1406
100 Clothilde Bahovec Way serems.org Email: general@serems.org
Resources on obtaining First Aid, CPR, ETT, and EMT training and purchase of books and First Aid supplies. Holds annual EMS Symposium in March.

Tobacco Quit Program

Phone: 966-8745

Contact: Amanda Roberts

The SEARHC and Sitka Community Hospital Tobacco Quit Program is open to all Sitkans and SEARHC beneficiaries in SE Alaska who are seeking to quit their tobacco use. Three months of free nicotine replacement therapy and one year of behavioral support is offered.

United States Coast Guard Air Station Medical and Dental Clinic

611 Airport Road Phone: 966-5477 Fax : 966-5491

Contacts: Jason Neth, Clinic Administrator

All active duty personnel eligible for medical, dental outpatient services, pharmacy, laboratory, and physical therapy. Retired service members and dependents eligible for the over the counter program.

Occupational Therapy

Oceanside Physical Therapy

Phone: 747-1771

805 Halibut Point Rd #6

Oceanside Physical Therapy provides outpatient rehabilitation services which include physical therapy, occupational therapy and speech therapy. Services are offered in a large ocean-front facility with a gym and private treatment rooms.

SEAHRC Rehabilitation Services

Phone: 966-2411

Occupational therapy is critical for patients with certain medical conditions to gain or maintain the ability to perform everyday activities and allows SEARHC patients to develop skills that allow day-to-day independence.

Sitka Physical Therapy

Phone: 747-4559

700 Katlian # E

Parenting

Alaska, State of, Office of Children’s Services

Report Child Abuse: 1-800-478-4444

208 Lake Street, Suite 2G

Child protective services, information and referral, foster care licensing, and foster care for children.

Phone: 747-2802 or 1-800-478-8605

Alaska Parent Line: 1-800-643-KIDS (5437)

Fax: 747-5542

Center for Community

Infant Learning Program

Gail Trujillo, ELP Program Manager

Early intervention education and developmental enhancement programs for children age birth to three years.

Phone: 966-4213

email: gtrujillo@cfc.org

Hames Athletic & Wellness Center

801 Lincoln Street (just off Jeff Davis Street)

Tot’s Gym and Parent Power Hour

Phone: 747-8096 Fax: 747-2654

hamescenter.org

Sitka Counseling

113 Metlakatla St.

Sitka Counseling offers a range of services through their Family Center, including: Individual Counseling, Family Skills Development and an 8 week course called Active Parenting Now.

Phone: 747-3636 Fax: 747-2702

Sitka School District Early Support Program

Contact: Jeanine Brooks, Coordinator and Counselor

305 Baranof Street

The goal of the early support program is to assist parents, teachers and community agencies with providing education, prevention, and intervention services for “at risk” students in grades K, 1 & 2. There are many circumstances that affect young people and possibly impair efforts to succeed in school. Some of these circumstances are: a child exposed to chronic illness or death of a loved one; a child in crisis due to such family transitions as separation, divorce, and/or relocation; a child who is chronically tardy or truant; a child living in a shelter or other temporary home; and/or a child who is a victim of neglect.

Phone: 966-1321 Fax: 747-3049

Sitka Tribe of Alaska Social Services

Contact: Melonie Brood

456 Katlian Street

Offers family outreach and Indian Child Welfare Program, financial assistance for low-income families.

Phone: 747-7221 Fax: 747-7643

Youth Advocates of Sitka

805 Lincoln St.

Parenting with Love and Limits (PLL) is a highly recognized evidence-based treatment model, known for its classification as Best Practice. Treatment focuses on decreasing conflicts within the family structure.

Phone: 747-3687 Fax: 747-3627

Public and Social Services

Alaska Immigration Justice Project (AIJP)

9085 Glacier Highway, Suite 204, Juneau

The Alaska Immigration Justice Project is a non-profit agency that provides low-cost immigration legal services to immigrants in all immigration applications, including citizenship applications, permanent resident status, work permits, family petitions, and petitions for immigration victims of domestic violence, sexual assault, and human trafficking.

Phone: 789-1326 Fax: 789-1324

akijp.org

Alaska Lawyer Referral Service

alaskabar.org (under public services)

840 K Street, Suite 100 Anchorage 99501

This is a referral service only and may give you an opportunity to find a lawyer that will help in a specific area, or one that can help a person who is experiencing language or cultural barriers.

Toll Free: 1-800-770-9999

Phone: 272-7469 Fax: 272-2932

Alaska Legal Services Corporation

8800 Glacier Highway, Suite 228, Juneau, AK 99801

alsc-law.org Email: juneau@alsc-law.org

ALSC is a federally funded, statewide organization that provides free legal services to those 60 and older, and others that meet financial eligibility.

Toll Free: 1-800-789-6426

Phone: 586-6425 Fax: 586-2449

Alaska Network on Domestic Violence & Sexual Assault Toll Free: 1-888-520-2666

Phone: 586-3650 Fax: 463-4493

130 Seward Street, Suite 214, Juneau, AK 99801

website: andvsa.org

ANDVSA is committed to eliminating violence against women. It is a non-profit membership corporation made up of 18 statewide programs that provide services to victims of domestic violence and sexual assault, offender services, and adult crisis intervention services.

Alaska Raptor Rehabilitation Center

P.O. Box 2984

1000 Raptor Way

Jennifer Cross, Executive Director

A volunteer operated, non-profit organization dedicated to the preservation of wild animals and birds (bald eagles being the predominant species) through emergency medical treatment, research, rehabilitative care, and public education.

Phone: 747-8662 Fax: 747-8397

Toll Free: 1-800-643-9425

alaskaraptor.org

Email: jennifer.cross@alaskaraptor.org

Alaska, State of, Department of Labor & Workforce Development

Hot Line: 747-7989

304 Lake Street, Suite 101

Phone: 747-3423 Fax: 747-7579

The Sitka Job Center assists persons seeking employment with local as well as statewide employers through the Alaska Job Center Network. Access to the Unemployment Unit via telephone, internet, in addition to assistance in opening an ALEXsys (Alaska Labor Exchange System) account and resume preparation for UI benefit eligibility. Free use of computers, telephone, fax and copier for purposes of seeking employment or dealing with employment related issues. Free resources for employers to include posting of job vacancies as well as specialized employer services such as Fidelity Bonding, Work Opportunity Tax Credits and Rapid Response Team Services and Employer Apprenticeship certifications.

Career Guide services to the local Sitka school district and area employers to include surrounding communities of Kake, Hoonah, Angoon, Port Alexander, Haines and Skagway. Can also initiate claims for Wage & Hour disputes and discrimination complaints. May provide training money for federal or state administered training funds. Resume prep as well as interviews skills workshops available.

**Alaska, State of, Division of Juvenile Justice
Sitka Probation Services**

Contact: Jeanette Hit, Juvenile Probation Officer
210 Moller Ave #A

**Phone: 747-8608 Fax: 747-5141
dhss.alaska.gov**

Email: Jeanette.hit@alaska.gov

The Division of Juvenile Justice is the primary responder to juvenile delinquency referrals from state and local law enforcement which includes determining an appropriate course of action, which may include formal court prosecution, referrals for counseling, community work service, residential treatment and other diversion type programs. DJJ is also responsible for the provision of active probation supervision of juveniles as ordered by the Superior Court which includes monitoring juvenile offenders to ensure their adherence to court orders, including payment of restitution and performance of community work service. Southeast Juvenile Probation offices have placed a considerable effort on developing programs consistent with the principles of Balanced and Restorative Justice. Community efforts in Ketchikan, Sitka and Juneau have resulted in the development of Youth Court programs.

Alaska, State of, Division of Probation & Parole

Contact: Jonathan Simmelink
304 Lake Street, Room 210

**Phone: 747-6641 Fax: 747-7975
Email: jonathan.simmelink@alaska.gov**

The Sitka Probation Office is responsible for probation and parole supervision of offenders in Sitka, Petersburg, Wrangell, as well as Prince of Wales Island. Referrals are received through the court system and the parole board.

Public and social services cont'd...

Alaska, State of, Division of Public Assistance

201 Katlian Street, Suite 107

Provides programs such as Food Stamps; Alaska Temporary Assistance Program for families with children; Adult Public Assistance (aid to the elderly, blind and disabled); Medicaid; Denali KidCare; Emergency Assistance; General Relief Assistance; and CAMA (Chronic and Acute Medical Assistance). 8:00am-4:30pm

Toll Free: 1-800-478-8234

Phone: 747-8234 Fax: 747-8224

Alaska, State of, Div. of Vocational Rehabilitation

304 Lake Street, Room 101

The mission of DVH is to assist individuals with disabilities to obtain and maintain employment while honoring and respecting each individual's strengths, skills, choices, abilities and culture.

Toll Free: 1-800-478-2726

Phone: 747-4788 Fax: 747-6452

Alaska, State of, Office of Children's Services (OCS)

Report Child Abuse: 1-800-478-4444

208 Lake Street, Suite 2G

Child protective services, information & referral, foster care licensing, & foster care for children.

Toll Free: 1-800-478-8605

Phone: 747-2802/747-5105 Fax: 747-5542

Alaska Parent Line: 1-800-643-KIDS (5437)

Chamber of Commerce, Greater Sitka

City and Borough of Sitka

100 Lincoln Street

***SEE PAGE 10**

Phone: 747-3294

cityofsitka.com

Sitka Conservation Society

***SEE PAGE 10**

Sitka Convention and Visitors Bureau

Contact: Sandy Lorrigan, Executive Director

104 Lake St.

Provides travel planning and convention information/services as well as information about members' local services for tourists.

Phone: 747-8604

sitka.org

Email: info@visitsitka.org

Sitka Economic Development Assoc. (SEDA)

Contact: Garry White, Executive Director

329 Harbor Drive, Suite 212

The goal of SEDA is to strengthen Sitka's economy by supporting existing businesses, attracting and nurturing appropriate new business, and ensuring continued economic diversification by fostering a business climate that is receptive and conducive to existing and new business; help promote the creation of family wage jobs; and enhance the quality of life for Sitkans.

Phone: 747-2660 Fax: 747-7688

sitka.net

Email: GARRYWHITE@GCI.NET

Sitka Global Warming Group/Sustainable Sitka

Contact: Michelle Putz

131 Shelikof Way

SGWG's mission is to help Sitkans reduce their carbon footprint and prepare for the effects of a changing climate through education and community action.

Phone: 747-2708

Email: info@sitkaglobalwarming.org

sitkaglobalwarming.org

Public and social services cont'd...

Sitka Legislative Information Office

Ken Fate, Sitka Legislative Information Officer
201 Katlian Street, Suite 200A (second floor)

Information on State and federal legislation and programs, public teleconferences, free message service to State legislators during session (POMS or fax), voter registrar, on-line PFD service, and connection to other State, federal government or public offices.

Phone: 747-6276 Fax: 747-5807

legis.state.ak.us

Email: Sitka_LIO@legis.state.ak.us

Sitka Local Foods Network

Charles Bingham, board president
408 D Marine St.

Sitka Farmers Market (summer only)

The Sitka Local Foods Network is a non-profit group dedicated to promoting the growing, harvesting and eating of local foods in Sitka. Focus areas include: operation of the Sitka Farmers Market; expansion of local community and family gardens; planning a community greenhouse and education center; providing educational opportunities; and promoting the use of subsistence foods.

email: sitklocalfoodsnetword@gmail.com

sitklocalfoodsnetwork.org

email: sitkafarmersmarket@gmail.com

Sitka Police Department

304 Lake Street, Room 102

Contact: Police Chief Robert Baty

Non-Emergency Dispatch: **747-3349**

Crime Line: **747-8980**

Emergency: Dial 911

Phone: 747-3245 Fax: 747-1075

sitkapd.com

Animal Shelter: **747-3567**

Sitka Tribe of Alaska Social Services

456 Katlian St.

Phone: 747-3207

◆ **General Assistance**

General Assistance program is a source of monthly financial assistance to Alaska Natives/American Indians working toward self-sufficiency. Funding is provided to cover basic needs – groceries, shelter cost, heating oil and utilities.

◆ **Community Service Block Grant (CSBG)**

Community Services Block Grant provides a one- time emergency relief source during a calendar year to low-income Tribal Citizens who have experienced some difficulties meeting their basic needs.

◆ **Child Care and Development Fund (CCDF)**

Child Care & Development Fund provides low-income Alaska Native/American Indian families with childcare assistance. CCDF payments are made once a month to a childcare service provider.

◆ **Burial Assistance**

The Burial Assistance Program is an income based program that provides financial assistance to Indigent Alaska Native and American Indians.

Public and social services cont'd...

The Sitka Homeless Coalition [SHC]

Phone: 747-7978

The Sitka Homeless Coalition [SHC] is a group of compassionate Sitkans who desire to give unsheltered people the option to sleep under cover during the wet and wintery months of October to mid-April. First formed in summer 2017, the group continues to search for a location from which to serve and, meanwhile, sponsors showers and laundry options at the Laundromat on HPR, as well as meeting the unsheltered wherever they are to assist with securing identification cards, cell phone, family contact, referral for clothing and one meal daily, job information and in-patient hospital support. At the time of publication SHC does not have resources to rent hotel or hostel accommodations.

Tlingit & Haida's Tribal Temporary Assistance to Needy Families (TTANF)

Employment & Training Division

201 Katlian Street, Suite 200B

(second floor of Totem Square Inn)

Contact: Barbara Borgen

Contact: George Jackson

Administers the Tribal Temporary Assistance to Needy Families (TTANF) Program for recipients of the Tlingit & Haida's Temporary Cash Assistance Program with the goal of assisting families in becoming more self-sufficient.

Toll free: 1-866-747-3790

Phone 747-3991 Fax: 747-3993

ccthita.org

Email: bborgen@ccthita.org

Email: GJackson@ccthita.org

Arts

Alaska State Council on the Arts

Phone: 1-888-278-7424

161 Klevin Street, Suite 102, Anchorage

The Alaska State Council on the Arts, a public corporation, will close our doors July 15, 2019 after 53 years of service to the people of Alaska.

See their web site for additional info - arts.alaska.gov

Greater Sitka Arts Council

Phone: 747-2787

Contact: Jeff Budd, Director

P.O. Box 564

sitkaartscounsel.org

Vision --art is vital to a healthy vibrant community. Mission--to increase awareness of the value of arts in Sitka through education, advocacy and programming. Major projects--Sitka Arti Gras Music & Arts Festival, Sitka Wearable Art Show, Community Theater programs, Sitka Artisan Market, Sitka "State" Fair, Annual Family Craft Fair, Community Calendar event, providing art scholarships to students, and much more.

Island Artists Gallery

SEE PAGE 10

Sheet' ka Kwa'an Naa Kahidi Community House

Phone: 747-7290 Fax: 747-3770

Contact: Tonia

sitkatribes.org

200 Katlian Street

Native performances and gift shop featuring native art. Building available for rent for performances and other special events.

Arts cont'd...

Sitka Cirque

Contact: Frances Donohoe, Director
207 Smith St.

Phone: 738-0721
email: sitkacirque@gmail.com
sitkacirque.com

“The crossroads of creativity, athleticism and performance. We have classes for kids age 3 and up as well as a thriving adult program. We have over two dozen adult students and I believe more than 50 youth students. We climb, flip, spin and fall in fun and creative ways on a variety of aerial equipment. It requires a lot of strength building for many of our students to get started but with Frances Donohoe's incredible knowledge of the body and teaching ability our students find themselves passing their limits very quickly.”

Sitka Fine Arts Camp

Contact: Roger Schmidt, Director
P.O. Box 3086

Phone: 747-3085
fineartscamp.org

This annual camp offers intense, high-quality professional instruction in music, dance, theater, visual arts, creative writing, computer and video production, and native arts with a rich and varied art opportunity outside the traditional classroom setting.

Sitka Studio of Dance

Contact: Melinda McAdams, Owner/Instructor
1310 Sawmill Creek Road / P.O. Box 6325

Phone: 966-2557 Fax: 966-2557

Teaching dance (ballet, jazz, modern, tap, creative movement) to Sitkans age 3 through adults.

Sitka Summer Music Festival

PO Box 3333
Sitka, Alaska 99835

Phone: 747-6774
email: info@sitkamusicfestival.org
sitkamusicfestival.org

This acclaimed chamber music festival is held the first three weeks of June each year featuring world class musicians. Performances are held on Fridays and Tuesdays. Special events include a family concert, crab feed, cruise and boat party.

Sitka Ukulele 100

<https://www.facebook.com/TheSitkaHundred/>

Find Sitka ukulele 100 on Facebook for the latest information on free beginner ukulele classes - learn to play familiar songs old and new in a friendly, relaxed atmosphere. Bring your own uke! (Sometimes there's a loaner you can use to try it out.)

Museums

Sheldon Jackson Museum

104 College Drive

www.museums.state.ak.us/sheldon_jackson/sjhome.html

An Alaska State Museum specializing in Alaska Native artifacts is the State's oldest museum. Major cultures represented include Aleut, Yup'ik, Inupiat, Athabaskan, Tlingit, Haida and Tsimpshian. Programs, lectures, video film series, children's activities, and special traveling exhibits offered during the year. Summer hours (May 15- September 15) open daily from 9 am - 5 pm. Closed on holidays. Winter hours 10 am - 4 pm Tuesday through Saturday.

Phone: 747-8981 Fax: 747-3004

Sitka Historical Museum

Contact: Hal Spackman

330 Harbor Drive

Local history museum presents and conserves historic artifacts, documents, and photos.

Contact the museum for volunteer opportunities.

Phone: 747-6455 Fax: 747-6588

sitkahistory.org

Email: sitkahis@ptialaska.net

Outdoor and General Recreation

Alaska State Parks

Contact: James Bunting

3803 Halibut Point Road

Manages three parks on the Sitka road system and three State Parks in the Sitka area.

Volunteer opportunities include assistance with maintenance, cleanup, and facility repairs.

Phone: 747-6249 Fax: 747-3007

Baranof Ballers

Contact: Tatiana Perkins

Youth basketball program here in Sitka for Kids PreK-8th Grade.

Phone: 738-5178

baranofballers.org

Baranof Barracuda Swim Club

Contact: Kevin Knox, Head Coach

Sitka's premiere swim team. BBSC offers high quality, professional coaching and technique instruction for all ages and abilities. BBSC is a registered member of USA Swimming. The goal of our swim team is to provide every member an opportunity to improve swimming skills and achieve success at his or her level of ability, from novice to international competitor. We will achieve this by teaching swimmers to set goals, respect each other, and work hard. They will do all this while forging an unbreakable team bond. We are a competitive team and we want these athletes to enjoy a safe, healthy, and fun activity...swimming. BBSC offers programs for ages 5 and up with our age group swimming, and masters swimming programs.

Phone: 738-4664

bbsc.sitka@gmail.com

Blatchley Pool

Contact: Rick Jarvill

Pool info: 747-5677

Outdoor and general recreation cont'd...

Community Schools

Contact: Dawn Johnson

Phone: 747-5080
rec@hamescenter.org

Hames Athletic & Wellness Center

121 John Brady Drive (located on the Sitka Fine Arts Campus) hamescenter.org
Hames Center is Sitka's non-profit community wellness and recreation center that includes a full basketball court, 2 racquetball courts, full cardio and weight rooms, 2 classrooms, infrared saunas and more. Hames Center is open 80 hours/week and offers a variety of fitness classes, educational programs and family events. Daily, Weekly, Monthly and Annual rates available with discounted rates for youth and seniors.

Phone: 747-5080

Kenwa Kai Karate of Sitka

Contact: Sensei Laurinda Marcello
P.O. Box 654

Phone 738-2887
sitkakarate.org
email: **sensei@sitkakarate.org**

Kenwa Karate of Sitka's mission is to provide high-quality karate instruction to youth and adults in Sitka. We teach a traditional Japanese karate style called Shito-ryu. We are dedicated to helping each student achieve their personal goals in karate and beyond. Kenwa Karate of Sitka offers a variety of classes throughout the year for those ages four years old & up. New students are always welcome.

National Park Service - Sitka National Historical Park

Contact: Mary Miller Superintendent
103 Monastery Street

Phone: 747-0110 Fax: 747-5938
Email: SITK-interpretation@nps.gov

Offers exhibits and audiovisual programs at the Visitor Center, tours of Russian Bishop's House, recreational opportunities such as trails and picnic areas, and Southeast Alaska Indian Cultural Center where visitors may view artists actively working on their projects.

Outdoor Recreation and Community Access (ORCA)

Rick Petersen
514 Lake Street, Suite C

Phone: 747-6859 Fax: 747-6783

The recreation program of SAIL (see page 16) providing recreational activities for people with disabilities. However, all abilities are welcome. Call for details.

Sitka Cycling Club

Contact: Doug Osborne or Charles Bingham

sitkacycling.wordpress.com

A group promoting safe and healthy cycling opportunities in Sitka, Alaska's first recognized Bicycle Friendly Community, a program run by the League of American Bicyclists

Sitka Fastpitch Softball Club

1417 Davidoff St.

Phone: 738-8018
sitkafastpitchsoftball.org

Sitka Fastpitch Softball Club offers softball opportunities to girls in the Sitka area ages 6-18 years old. Opportunities included off season practices, clinics, travel and competitive play. We work closely with Sitka Little League to build a strong multi organization softball program for our girls. Please visit our website for more information.

Outdoor and general recreation cont'd...

Sitka Grind Fitness

Contact: Jarred Rivera, Owner
207 Smith St.

Strength and conditioning classes for kids and adults.

Phone: 738-9083

riverajarred26@gmail.com

Sitka Gymnastics

Contact : Trisha Bessert
207 Smith St.

Sitka's recreational and competitive gymnastics program. Home of Southeast Alaska's only Foam Pit and a 40 foot trampoline! We host classes for those 18 months - Adult, as well as Birthday Parties and Open Gyms

Phone: 623-0333

sitkagymnastics.com

Sitka Outdoor Recreation Coalition (Get Out, Sitka!)

Contact: Charles Bingham

A former Sitka Health Summit project that promotes outdoor recreation opportunities in Sitka, especially for families and kids

Phone: 623-7660

getoutsitka.wordpress.com

Sitka Softball Association

Contact: Ashley Haskins, Kelly Boddy

Phone: 738-2278 Fax: 747-4717

Sitka Sockeyes Rugby Club

Contact: Chris Turner

We are open to all levels and no experience is necessary to come, although players should be 18 and older. We play both contact and touch rugby and participate in tournaments around the State.

Phone: 623-8018

Sitka Sound Slayers

Hotwheelz118@gmail.com

It's a sport... women's flat track Roller Derby we have referees and non-skating officials... open to anyone who wants to have fun! Great group of people that like to work hard together, and have fun together.

Phone: 738-4868

Sitka Trail Works, Inc.

Contact: Lynne Brandon, Executive Director
801 Halibut Point Road

Originally formed to employ displaced timber workers. Today the mission statement aims to contribute to the overall health of the community through the development, maintenance, and promotion of a comprehensive trail system in the Sitka area.

Phone: 747-7244

sitkatrailworks.org

Outdoor and general recreation cont'd...

USDA Forest Service - Tongass National Forest

Sitka Ranger District, 2108 Halibut Point Rd

The Sitka Ranger District (an administrative sub-unit of the Tongass National Forest, Chatham area) provides information on management of natural resources located on District lands, which include Baranof and Kruzof Islands, as well as the southern and western portions of Chichagof Island. The District provides Smokey Bear or Woodsy Owl visits and materials, Natural Resource Education, assistance to schools and organizations, information on educational use of National Forest land administered by the District (i.e. Starrigavan and Sawmill Creek Campgrounds, Harbor Mountain Recreation Area, numerous cabins and trails), and other National Forest related information.

Phone: 747-6671

fs.fed.us

Walk Sitka

Contact: Charles Bingham

A program to promote safe and healthy walking in Sitka, which was Alaska's first official Walk Friendly Communities designee by the Pedestrian and Bicycling Information Center.

Phone: 623-7660

walksitka.wordpress.com

Senior Services

Adult Protective Services: 1-800-478-9996. Report harm or neglect of vulnerable adults.

Alaska Legal Services Corporation

8800 Glacier Highway, Suite 228

Juneau, AK 99801

Email: juneau@alsc-law.org

Provides legal services to socially and economically needy and to those 60 and older and others who meet financial eligibility.

Toll Free: 1-800-789-6426

Phone: 907-586-6425 Fax: 907-586-2449

alsc-law.org

Tama Beven, LMT

Offering geriatric massage and End of Life Doula services.

Phone: 738-0400

Brave Heart Volunteers

Contact: Maury Hackett, Director

Email: maury@braveheartvolunteers.org

120 Katlian Street (Manager's House on the Pioneers' Home Campus)

braveheartvolunteers.org

Brave Heart Volunteers Yee gu.aa yáx x'wán (be of brave heart), provides compassionate care, companionship, respite and education to those facing illness, isolation, end of life and grief. Program services include volunteer training, orientation, and coordination; family caregiver information and grief support groups; a library and resource room. All services are provided free of charge.

Phone: 747-4600 Fax: 747-8840

Senior services cont'd...

CAREGIVER RESOURCES: Southeast Senior Services Senior Caregiver & Resource Center (Juneau Office) **907-463-6177**. Senior Caregiver Support Advocate & Information also available at the Swan Lake Senior Center: **907-747-8617**.

Center For Community

Phone: 747-6960 Fax: 747-4868

Contact: Bryan O'Callaghan, Executive Director
700 Katlian Street, Suite B

- ◆ Care Coordination – Helping individuals and their families coordinate supportive and rehabilitative services. Chris Davison, Care Coordinator, email: cdavison@cfc.org or Cindy Thomas, Care Coordinator, email: cthomas@cfc.org
- ◆ Personal Care Services – Professional in-home care for temporary or long-term personal care needs resulting from age, disability or illness. Tamara Walsh Sitka Regional Manager for Community Services, email: twalsh@cfc.org
- ◆ Respite Care Services – Providing a needed break for caregivers and families of people with disabilities, Alzheimer's and other dementia, and frail seniors. Chris Davison, email: cdavison@cfc.org

Harry Race Durable Medical Equipment Services

Phone: (907) 966-2104

Contact: Tammy Thom, DME Specialist

Fax: (907) 966-3979

Email: tammythom@whitesalaska.com

117 Granite Creek Rd., Sitka, AK99835

Services available include: mobility equipment, hospital beds and accessories, bath safety equipment, vascular support, orthopedic support, personal care items, and diabetic supplies. Many items available to be billed through Medicare, Medicaid, or Private Insurance with proper documentation.

Mature Alaskans Seeking Skills Training (MASST)

Phone: (907) 586-6806

www.serrc.org/educational-services/masst/

Email: info@serrc.org

This program is designed to assist seniors with developing marketing skills with the opportunity to earn extra income while receiving part-time job site or educational training.

Older Persons Action Group, Inc. (OPAG)

Toll free: 1-800-478-1059

3340 Arctic Blvd., #106, Anchorage, AK 99503

seniorvoicealaska.com

Contact: James Bailey, Executive Director

Email: execdiropag@gci.net or seniorvoice@gci.net

Advocacy for older Alaskans. Publishes Senior Voice, a statewide newspaper for seniors and their families and caregivers, with online version at www.seniorvoicealaska.com. Also publishes the statewide Directory for Older Alaskans.

Senior services cont'd...

Southeast Alaska Independent Living (SAIL)

Contact: Rick Petersen
514 Lake Street, Suite C

Phone: 747-6859 Fax: 747-6783

Email: sitka@sailinc.org

A consumer directed independent living program providing information and referrals, advocacy services, independent living skills training, recreation, and de-institutionalization information. The program is designed to increase the potential for persons with aging and/or disability issues who live in the community so they can remain active, involved, productive, integrated individuals.

Swan Lake Senior Center

Contact: Sandi Koval
402 Lake Street

Phone: 907-747-8617; Fax: 907-747-6878

Senior Nutrition & Transportation Programs:

- **Senior lunches:** (age 60 & older) served Monday through Friday at 11:30 am; suggested free-will donation for senior lunch is \$5.00. Guests of seniors are welcome; there is a \$15.00 charge per meal for non-seniors. Homebound seniors call for information about delivery.
- **Afternoon activities** include exercise classes & other group activities; call for details. The Senior Center building is open from 9 am to 3:30 pm Monday through Friday.
- **Transportation:** Senior & Paratransit Care-A-Van is a pre-scheduled door-to-door service for seniors age 60 and above; and for folks of all ages who have a disability, which prevents them from using the regular bus fixed-route system. Scheduled vans are wheelchair accessible. Call 907-747-8617 for more information about paratransit eligibility & application process.
- **Senior & Paratransit Care-A-Van Hours:** Monday through Friday from 6:30 am to 7:30 pm. Riders are encouraged to call at least one day in advance; and can call up to 7-days ahead to pre-schedule rides. Flexibility with times will also offer riders their best opportunities for successful scheduling.
- **Ride scheduling, donations, & fares:** Care-A-Van Dispatch office is open from 8 am – 4:30 pm Monday through Friday; call **907-747-8617** to pre-schedule rides. Free-will donations (\$2 per trip) are accepted from seniors and much appreciated to help support services. **Paratransit Riders** (under 60 years old) must pay \$2.00 per one-way trip; Care-A-Van Drivers do not handle cash so exact change is necessary.
- **Saturday & Sunday** Care-A-Van Senior Rides available from 8:45 am to 2 pm. These rides should be pre-scheduled before 4:30 pm on Fridays.
If something comes up after regular dispatch hours the Care-A-Van weekend & evening cell phone: 907-738-1333.

Sitka Long-Term Care

209 Moller Ave

Phone: 747-3241

For those who need more care than can be delivered at home, Sitka Long-Term Care offers professional, skilled nursing services in a protected home-like environment.

Senior services cont'd...

Sitka Pioneers' Home
120 Katlian Street

Phone: 747-3213

The Sitka Pioneer Home is an Eden Alternative® Registered Home. The home is committed to providing compassionate care to residents, staff, family and community in a home that nurtures the human body, mind and spirit while preserving dignity and individuality.

State Care Line 1-877-266-HELP

Transportation

Swan Lake Senior Center Van (Paratransit & Senior rides)

Phone: 747-8617

Contact: Sandi Koval

The Senior Center van service provides transportation for persons with disabilities and seniors including transportation to and from the Center. Suggested senior donation is \$2.00 each way; paratransit non-senior rides must pay \$2.00 each way. Pre-Scheduled paratransit rides are available Monday through Friday from 6:30 am-7:30 pm; senior rides available on weekends between 8:45 am to 2:00pm. Please call and make a reservation in advance as van availability cannot be guaranteed at the last minute. After hours call **738-1113**.

No Smoking Taxi Services:

Baranof Taxi and Tours: 738-4722

Hank's Cab Phone: 747-8888

Nina's Taxi & Courier Service Phone: 738-1931

(M-F, 4:30am-3pm) (weekends 4:30am-noon)

More Taxi & Tours Phone: 738-3210

Sitka Cabs Phone: 747-5001

Sitka Tours (Ferry Transport) Phone: 747-8443

Sunset Cab Phone: 623-0979

Toad's Taxi Llc Phone: 738-9795

the RIDE Public Bus System

456 Katlian Street

Phone: 747-7103

ridesitka.com

Punch cards and monthly bus passes may be purchased on the bus, Seamart, Old Harbor Books, and 456 Katlian Street. the RIDE operates Monday through Friday, from 6:30am to 7:30pm.

Sitka Healing Arts Network

Acupuncture and Oriental Medicine

Phone: 747-6915

Joyce Ellen Krohn

264 Katlian Street / P.O. Box 6403

The Acupuncture and Oriental Medicine Clinic uses the medical principles of the healing arts of traditional Chinese and Japanese medicine to provide energetic balancing. Such treatment is useful for many medical conditions as well as to promote and maintain good health and prevent disease. Imbalances revealed by oriental assessment are treated by a variety of therapies.

Alternative-Complementary Healing

Phone: 747-3145

Aleeta Bauder CHT

Email: A.L.BAUDER@ATT.NET

Certified Vibrational Health Practitioner, specializing in Psychoenergetic Heart-centered Therapy, Chakra Balancing and Quantum Field Clearing, using energy based transformation through the following modalities: Alchemical Hypnotherapy, Acupressure, Healing Touch, Reiki, Body Centered Therapy, Aroma-therapy, Flower Essence Therapy, Vibrational Health Therapy, and Craniosacral Therapy. By appointment only -- no drop ins.

Arctic Chiropractic

Phone: 747-2726

Contact: Patrice Reinhardt

315 Lincoln St., Suite 207

"Life is Good, When You're Pain Free" Treating Headaches, neck pain, chiropractic adjustments, physical therapy and rehabilitation, and therapeutic massage.

Anam Cara

Phone: 747-5985

Lisa Sadleir-Hart

Email: anamcara39@gmail.com

815 Charles Street

Anam Cara offers spiritual formation workshops in the contemplative tradition, facilitated spiritual journey groups and individual spiritual direction.

Baranof Wellness & Chiropractic

Phone: 747-8502 Fax: 747-8503

310 Erler Street

Jake Walden DC; Karen Zamzow, D.C; Stan Filler, Massage Therapist;

Catherine Reynolds, Massage Therapist

"We are here to help Sitkan's get their health back in their hands. We are an alternative approach to drugs, radiation, or surgery. We offer multiple chiropractic techniques, massage, diet/nutritional counseling, decompression and other therapeutic modalities. We take the time to work with your situation individually and not run you through the standard approach."

Spinning Moon Apothecary

Phone: 738-7444

Leah Murphy and Zak Schafer

email: spinningmoonapothecary@gmail.com

Sitka's source for herbs, tinctures, teas, and whole being health.

Sitka healing arts network cont'd...

Sufi Meditation Circle

Contact: Auriella Hughes, Coordinator

Individuals gather to meditate together, study teachings from the Sufi tradition, & share.

Phone: 747-3678

Email: auriella@alaska.com

Therapeutic Massage

Mo McBride ▼ Tess Heyburn ▼ Cherie Creek

110 American Street

A group of certified massage practitioners trained in a variety of modalities including Swedish massage, deep tissue, manual lymph drainage, craniosacral, myofascial massage, Healing Touch, chair, and hot stone massage. Hours are by appointment only. Out call services available on request. Gift certificates available, credit cards accepted.

Phone: 747-7311

Yoga Union

Andrea Thomas ▼ Corrie Bosman ▼ Lisa Sadleir-Hart ▼ Michele Friedman ▼ Sue Conrad ▼ Amelia Budd ▼ Jasmine Shaw ▼ Kari Fish ▼ Austin Killien ▼

Lauren Kenny

Kellogg Building on the Sitka Fine Arts Camp campus

Offering various levels of yoga instruction: Yoga Basics, Gentle Yoga, Dynamic Yoga, and Vinyasa Flow.

Phone: 623-7022

yogaunionsitka.com

Sitka Native Associations

Alaska Native Brotherhood (ANB) Camp #1

Contact: George Chappell, President

235 Katlian Street, Suite A

The Alaska Native Brotherhood is a non-profit, fraternal organization established in 1912. The ANB has served Alaska in many ways including assisting in the development of society and in the preservation of Native culture, and ensuring that all people are treated equally.

The first charter for the ANB was formed in Sitka by a group of Founding Fathers.

Phone: 907- 500-4400

Alaska Native Sisterhood (ANS) Camp #4

Contact: Rachel Henderson, President

235 Katlian Street

The ANS works as a volunteer organization to promote, enhance and initiate social, cultural, health, and wellness issues that face Alaskan Natives or American Indians that reside in Sitka. ANS Camp #4 meets on a regular basis at the ANB Hall with meeting notices published in the newspaper. The ANS is open to any citizen of Sitka who wishes to join. A small fee is required.

Phone: 1-505-204-3634

Sitka Native Associations cont'd...

Baranof Island Housing Authority

Phone: 747-5088 Fax: 747-5701

Contact: David Goade, Executive Director
245 Katlian / P. O. Box 517

Using Housing and Urban Development funds and matching funds from Alaska Housing Finance Corporation, BIHA builds and manages homes for Native-occupant participants in a lease-to-purchase program. BIHA also builds and manages low-income rental units. Occupants' payments for both programs are based on income.

Gájaa Héen Dancers

Phone: 738-1045

Contact: Lakrisha Johnson

A 6- 12 grade youth dance group. Part of the Sitka Native Education Program. An Alaskan Native dance group that performs over 40 traditional Tlingit dances. Performances available upon request.

Noow Tlein Dancers

Phone: 752-0867

Contact: Lillian Young

Perform traditional Tlingit dances. Adult dance group.

**Shee Atiká Incorporated Sheeatika.com
Sheeatika.com**

Toll free in Alaska: 1-800-478-3534

Phone: 747-3534 Fax: 747-5727

Email: info@sheeatika.com

315 Lincoln Street, Suite 300

Contact: Kenneth M. Cameron, D.M.D., President & CEO

SAI is an urban corporation organized pursuant to the Alaska Native Claims Settlement Act.

Sheet' ka Kwaan Naa Kahidi Community House

Phone: 747-7290 Fax: 747-3770

Contact: Tonia

200 Katlian Street

Native performances and native art gift shop. Available for rent for meetings and other events.

Sitka Cultural Center

Phone: 747-8061 Fax: 747-8189

Contact: Nancy Douglas, Manager

Artists Studio: 747-8122

106 Metlakatla Street, Suite C

Email: Douglasn81@gmail.com

The Sitka Cultural Center (formerly Southeast Alaskan Indian Cultural Center) was established in 1969 and became a non-profit organization in 1993. The mission of the Cultural Center is to sustain and perpetuate the art and culture of Southeast Alaska Natives. It is comprised of three art studios; fiber arts, metals and wood. Resident artists provide demonstration, instruction and interpretation of cultural arts. The Cultural Center is housed at the Sitka National Historical Park.

Sitka Native Associations cont'd...

Sitka Tribe of Alaska

Contact: Alicia Gassman, General Manager
456 Katlian Street
Social Services

Contracts with federal agencies to provide adult vocational training; direct employment assistance; higher education assistance and grants; housing improvement; Johnson O'Malley; and social services that include Indian Child Welfare Act services for people that are enrolled or eligible to be enrolled. Also provides services for children, youth and families exposed to domestic violence. Provides activities for at risk or high-risk youth.

Toll Free: 1-800-746-3207

Phone: 747-7380

sitkatribе.org

Phone: 747-7293

Sitka Tribal Enterprises

246 Katlian Street

Includes the transaction of all or any lawful public and private fundraising efforts as well as the development, support, and management of economic development activities which may include education, cultural, and business development projects in support of the Sitka Native community of Sitka, Alaska.

Phone: 747-7394

sitkatribе.org

Tlingit & Haida's Tribal Temporary Assistance to Needy Families (TTANF) Employment & Training Division

201 Katlian Street, Suite 200B
(second floor of Totem Square Inn)

Contact: Barbara Borgen

Contact: George Jackson

Administers the Tribal Temporary Assistance to Needy Families (TTANF) Program for recipients of the Tlingit & Haida's Temporary Cash Assistance Program with the goal of assisting families in becoming more self-sufficient.

Toll free: 1-866-747-3790

Phone 747-3991 Fax: 747-3993

ccthita.org

Email: bborgen@ccthita.org

Email: GJackson@ccthita.org

Youth Services and Recreation

Alaska, State of, Division of Juvenile Justice

(SEE PAGE 10)

Babies and Books

Phone: 747-4022 Fax: 747-4899

Contact: Maite Lorente (or ask at the Library)
c/o Sitka Public Library, 320 Harbor Dr.

Babies and Books promotes literacy in families with newborn to 3 year-old children. All parents of newborns receive a board book in the hospital and resource guide newsletters are sent out at regular intervals and yearly birthday parties are held at the library.

Youth services and recreation cont'd...

Baranof Barracudas Swim Club (BBSC)

Contact: Kevin Knox, Head Coach

Established in 1974 as the Sitka Swim Club, this non-profit, parent-run organization continues to build swimmers of all ages with the tradition of producing competitive Alaskan swimmers. The BBSC is associated with the nationwide USA Swimming Organization. Call for more info.

Phone: 738-4664

Email: bbsc.sitka@gmail.com

Girl Scouts of Alaska

girlscoutsalaska.org

3911 Turnagain Blvd. East, Anchorage 99517

Contact: Rose MacIntyre, Sitka Girl Scout Community Coordinator

1907 Cascade Creek Road

The Girl Scout Leadership Experience provides girls with three keys to leadership:

- ◆ **Discover:** Girls understand themselves and their values and use their knowledge and skills to explore the world.
- ◆ **Connect:** Girls care about, inspire, and team with others locally and globally.
- ◆ **Take Action:** Girls act to make the world a better place.

Phone: 966-2599

Toll Free: 1-800-478-7448

Email: susitna@gsscak.org

Phone: 966-2599

JO Girls Fast Pitch Softball

Contact: Lesa Way

Registration starts in March, season runs April through June. Open to girls ages 8 and up.

Phone: 747-3924

Kenwa Kai Karate of Sitka

Contact: Sensei Laurinda Marcello

P.O. Box 654

Kenwa Karate of Sitka's mission is to provide high-quality karate instruction to youth and adults in Sitka. We teach a traditional Japanese karate style called Shito-ryu. We are dedicated to helping each student achieve their personal goals in karate and beyond. Kenwa Karate of Sitka offers a variety of classes throughout the year for those ages four years old & up. New students are always welcome. (see also pg

Phone 738-2887

sitkakarate.org

email:sensei@sitkakarate.org

Hames Athletic & Wellness Center

801 Lincoln Street (just off Jeff Davis Street)

Offering education and recreation opportunities for people of all ages including youth and adult sports. (see also pg)

Phone: 747-8096 Fax: 747-2654

Sitka Fastpitch Softball Club

1417 Davidoff Street

Sitka, Alaska 99835

sitkafastpitchsoftball.org

email:sitkafastpitchsoftball@gmail.com

Youth services and recreation cont'd...

Sitka Fine Arts Camp

Contact: Roger Schmidt, Director
P.O. Box 3086

Phone 747-3085
fineartscamp.org

This annual camp offers intense, high-quality professional instruction in music, dance, theater, visual arts, creative writing, computer and video production, and native arts with a rich and varied art opportunity outside the traditional classroom setting. (SEE PAGE 29)

Sitka Little League

P.O. Box 2761

tshq.bluesombrero.com

Phone: 738-6603

Email: sitkalittleleague@gmail.com

Little League Baseball program for Tee Ball through Big League – ages 5 to 18, male and female.

Sitka Native Education Program (SNEP)

235 Katlian Street / P.O. Box 6210

Phone: 747-8561 Fax: 747-5774

snep99835.tripod.com

SNEP is a non-profit organization dedicated to the education of the Native youth of Sitka, Alaska. Some of the services we provide are traditional Native education including; language, songs, dance, drumming and beading. We also provide tutoring services for students of all grade levels throughout all the schools in the Sitka/Mt. Edgecumbe area. We have transportation available for the students who would otherwise not be able to attend our classes and we also have limited preschool tuition assistance.