MENU of Evidence-based Supports

Targeted/Intensive (High-risk Students)
Individual Interventions (3-5%)

Selected (At-risk Students)
Classroom & Small Group Strategies (10-25% of students)

Universal (All Students)
School/class-wide, Culturally Relevant Systems of Support (75-90% of students)

Tier 1 Menu:
- School-wide PBS
- Establish, Maintain, Restore Relationships with each Kind, Firm, Fair, Consistent Staff
- SEL Curriculum
- Good Behavior Game
- 17 Proactive Classroom Management components
- Physiology for Learning: Diet, Sleep, Exercise, Stress Management

Tier 2 Menu:
- Behavioral contracting
- Self monitoring
- School-home note
- Mentor-based program
- Differential reinforcement
- Positive Peer Reporting, ETC.

Tier 3 Menu:
- FBA-based Behavior Intervention Plan
- Replacement Behavior Training
- Cognitive Behavioral Therapy/Counseling
- Family services/agency wrap-around

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